

2025 Summertime Sanctioned School Coach-Athlete Contact Form

(For All WIAA Sponsored Sports)

Reminders:

WIAA Bylaws and Rules of Eligibility allow schools to sponsor camps/clinics or competition in the summertime for students in grades 9-12 and to include students from other schools, in accordance with the following:

- So long as participation is voluntary and available to all interested students, there shall be no restrictions upon schools, school teams and school coaches (grades 9-12) relative to assembling in the summertime, June 1-30 and July 7-31 for all WIAA sports sponsored by the school. Unrestricted contact days must conclude no later than July 31. **Note: There must be a minimum of one calendar week (Sun.-Sat.) of no sanctioned school coaching contact prior to (i.e. the week immediately preceding) the first allowed practice in a fall sport. This does not affect nonschool program contact. The last date for Football coaches sanctioned school contact is July 26, 2025.**
- It is the philosophy of this Association that while athletes should not be unreasonably restricted, except during the actual school season of a sport, no activity in which they are engaged should resemble in any way a school team practicing or competing out-of-season. The one exception shall be in the summertime. Members of a school's team may voluntarily assemble with their teammates and coaches in the summertime for purposes of instruction and/or competition during June 1-30 and July 7-31 in all WIAA sports sponsored by the school, without restriction. **Note: Whether an opportunity is school sponsored or not, coach contact may not exceed Board of Control approved contact days.**
- Other than during the actual school season and those days designated as sanctioned school coach contact days in the summertime, the following provisions shall apply to nonschool participation in accordance with the above:
 - An acceptable nonschool program or activity is one which is not limited to students on the basis of a school affiliation, athletic experience, team status, etc.
 - There are no restrictions relative to voluntary assembling of students during the summer beyond the sanctioned school days **without school/coach involvement.**
 - The person who will be coaching a student in the following school season shall not be permitted to coach that student other than during the designated school season and Board of Control approved coach contact days in the summertime. Board of Control approved summertime contact is as follows:
 - Sanctioned School Coaching Contact** – Coaches in all WIAA recognized sports (baseball, cross country, football, golf, gymnastics, lacrosse, softball, swimming & diving, tennis, track & field, volleyball, soccer, basketball, hockey and wrestling) have been afforded of sanctioned school coaching contact between June 1-30 and July 7-31, in accordance with the Bylaws and as described above. **(Contact ends July 26, 2025 for football.)**
 - There must be a minimum of one calendar week (Sun.-Sat.) of no sanctioned school coaching contact prior to (i.e. the week immediately preceding) the first allowed practice in a fall sport. This does not affect nonschool programming.**
 - Football must follow the WIAA Fall Acclimatization policy.**
 - Nonschool Programming** – Coaches in all sports except football have been afforded nonschool program contact beyond the sanctioned school contact days that is permitted to continue throughout the summertime (when school is not in session from the last day of school to the start of school) in accordance with the Bylaws and as described above.

Note: Coaches or others may not mandate participation or provide any incentives to athletes for participating in summertime/out-of-season activities/programs. Participation may not be a requirement for making a school team or earning a letter award, etc.

Sport _____

Head Coach _____

Please "X" the dates/days you are designating for summer contact with student-athletes in the sport program you and any of the assistant coaches, volunteer or otherwise, will be coaching next season.

June							July						
Sun.	Mon.	Tue.	Wed.	Thur.	Fri.	Sat.	Sun.	Mon.	Tue.	Wed.	Thur.	Fri.	Sat.
-	-	-	-	-	-	-	-	-	-	-	-	-	-
1*	2	3	4	5	6	7	-	-	1	2	3	4	5
8	9	10	11	12	13	14	6	7	8	9	10	11	12
15	16	17	18	19	20	21	13	14	15	16	17	18	19
22	23	24	25	26	27	28	20	21	22	23	24	25	26
29	30	-	-	-	-	-	27#	28	29	30	31+	-	-

* Contact may not begin prior to June 1.

All Football sanctioned school coaching contact ends.

+ All other sports sanctioned school coaching contact ends.

Dates of Contact (Mo./Date/Yr.)	Time (From-To)	Location of Contact	Camp Sponsor	Nature of Activity
1) _____	_____	_____	_____	_____
2) _____	_____	_____	_____	_____
3) _____	_____	_____	_____	_____
4) _____	_____	_____	_____	_____
5) _____	_____	_____	_____	_____

See back of form for additional lines and Guidelines. **Note: All contact days must be approved by AD.**

Authorized Approval Signature _____
(Athletic Administrator)

(Date)

Coach's Signature _____

(Date)

- It is recommended to make a copies of completed form to give to the coach and to keep an administrative copy on file and available upon request.
- School board or governing body must approve all summertime, nonschool use of apparel/protective equipment.

Additional contact dates for sport: _____

Dates of Contact (Mo./Date/Yr.)	Time (From-To)	Location of Contact	Camp Sponsor	Nature of Activity
6) _____	_____	_____	_____	_____
7) _____	_____	_____	_____	_____
8) _____	_____	_____	_____	_____
9) _____	_____	_____	_____	_____
10) _____	_____	_____	_____	_____
11) _____	_____	_____	_____	_____
12) _____	_____	_____	_____	_____
13) _____	_____	_____	_____	_____
14) _____	_____	_____	_____	_____
15) _____	_____	_____	_____	_____

Coaching Contact Guidelines:

The following recommendations by the WIAA Sports Medical Advisory Committee for the newly passed Summer Contact rule. The goal is to support the physical and mental well-being, as well as the safety of our student-athletes.

- All school personnel engaged with summer contact hours should be well versed in heat illness prevention, recognition, and immediate treatment. Access to cold water immersion and ice is important. WIAA guidelines should be followed: WIAA Heat Illness Guidelines.
- At least one First Aid/CPR/AED certified coach is present at every training session.
- Access to school athletic trainers is likely to be limited over the summer. Coaches should encourage athletes to have injuries evaluated by their physicians when athletic trainers are not available.
- All contact should be approved by the Athletic Director. This ensures alignment across sports/programs and balanced use of facilities and resources.
- No more than 5 days of training per week.
- Less than 20 hours per week of total contact (consistent with the NCAA offseason rule). Ideally, this should be about 2 hours of physical training per day.
- Meaningful engagement of student-athletes doesn't have to mean full-scale practice, use this time to do small group sessions, film review and classroom work, team bonding, and individual skill development.
- This provides an excellent opportunity to discuss the importance of rest, hydration, proper nutrition, and time for recovery. WIAA Nutrition Information

The following are reminders of existing WIAA requirements associated with coach and student-athlete programming:

- These sessions are voluntary and missed time shall not be held against student-athletes.
- All student-athletes should have up to date preparticipation examination forms.
- All training locations should have an Emergency Action Plan (EAP) in place that should be rehearsed before the start of training. Access to facilities & AEDs may change in the summer due to construction, renovations, locked entrances, and personnel present during summer contact may be different than during the school year. It is a priority to have an EAP that is understood and rehearsed by all stakeholders.
- In alignment with the WFCAs, there should be no fully padded practices. Contact should also be limited (ex: Football should be air and bags).
- Acclimatization and contact rules must be followed at the start of the Fall season even if players participated in all summer sessions.

The ADs and coaches at each school should work together to ensure that all student-athletes have time for recovery and skill development. Summer strength and conditioning programming should remain the focus for all student-athletes.

The well-being of student-athletes and coaches is critical. Multisport athletes may require more thought to allow development in each sport over the summer without high training hours and overuse. Over-scheduling can lead to burnout. Allowing time for vacation, summer jobs, rest, family and friends will help with engagement by providing balance.

Non-School Programming Reminders:

Non-school programming is not associated with high school teams and their programs. More importantly, non-school programming is not a mechanism to circumvent WIAA coaching contact rules.

Non-school programming is any non-school entity that provides sport programming. A non-school entity may secure a coach who also serves as a member school coach. A non-school entity may have athletes on the team from the coaches' school.

Non-school programming is not developed, organized, administered or financed by coaches or any other person associated with the WIAA member school.

- During the school year, coaches and athletes cannot assemble outside of the season (with the exception of open gyms and strength/conditioning).
- Programming that begins on June 1 as school programming should not become non-school programming during the non-contact period (e.g., July 1-6, a league that extends into August, etc.).
- Non-school coaching contact is not allowed in Football.
- Last day of school (spring) to the first day of school (fall).

May NOT be used:

- School Equipment*
- School Facilities*
- School Funds
- School Transportation

* May be used per School Board policies for non-school entities (rent, custodial fees, insurance, etc.)

Open to any and all interested.