



Welcome to the WIAA State Track & Field Championships! Please carefully read the following information/instructions and share them with your Athletic Director, assistant coaches, student-athletes, and spectators who will be attending the State Track & Field Meet.

WIAA STATE TRACK AND FIELD TOURNAMENT INFORMATION

STATE MEET QUALIFYING INFORMATION

A. Finding Information

1. Qualifiers & qualifying standards for the WIAA State Track & Field Tournament will be available on the WIAA website (<http://www.wiaawi.org>) starting Saturday, May 30 (if all sectionals are completed on schedule): qualifying standards first, followed by qualifiers, and then heat sheets.
2. To view, print or download the information: Choose Sports then Track & Field (Boys or Girls), 2026 State Track & Field Meet, and choose the Qualifiers/Lanes.
3. The starting heights of the Pole Vault and High Jump will be indicated on the tentative State Qualifier Lists, which will be available on the WIAA website under Track & Field (Boys or Girls), 2026 State Track & Field Meet, on Saturday, May 30 (pending all sectionals are complete).
4. State meet results will also be available at the end of each day of the meet by clicking the State Tournament results link.

B. **Making Corrections:** Coaches are requested to immediately identify any errors in spelling of competitors names, listing of year in school, school name, etc. Corrections must be emailed (costertag@wiaawi.org) to the WIAA by 9 am Monday, June 1, to be included in the program.

PREMEET INFORMATION

Please carefully read the following information/ instructions and share them with your Athletic Director, assistant coaches, athletes, and spectators who will be attending the State Track & Field Meet. All information can also be found on the WIAA website.

A. **LOCATION:** The 2026 WIAA State Track and Field Meet is Friday and Saturday, June 5 and 6 at Veterans Memorial Stadium in LaCrosse, WI.

B. **HOUSING**

1. Schools are responsible for making their own housing arrangements. Resident hall room reservations will be open Saturday, May 30 at 3pm and close Monday, June 1 at 10 am (unless filled earlier). Rooms are reserved for participants in the meet and will not be available on Saturday evening of the meet. Coaches will assume total responsibility for the behavior and conduct of their student-athletes. The Hall Directors and student staff are available as information resources and to assist with the enforcement of residence hall policies. At least one coach per team will be present in the residence halls during the evening and overnight hours. Coaches are expected to be in their coaching role for the duration of the meet and time on campus. **Please only make reservations for your participating student-athletes and coaches.**
2. To reserve rooms in the residence halls, please visit the [online reservation portal](#) found on the WIAA website (Tournament Information, State Meet Information for Participants). The link will be available on Saturday, May 30th at 3pm and close Monday, June 1 at 10 am.
3. Cancellation Policy: Schools will be charged for all reserved rooms that are not canceled by 10 am on Monday, June 1. No refunds will be provided for unused rooms.
4. Requests for additional rooms after the Monday, June 1 - 10 am deadline may cause your team's placement to be moved to a different hall. Your block of rooms will be kept together. These additional room requests will be accepted only if extra space is available.
5. Schools wanting to reserve a room(s) only for the purpose of having a "Team Room" will be refused. Violators of this policy will lose future residence hall privileges.
6. Schools must present cash, check, or credit card when checking into the residence halls. Purchase orders will not be accepted.

7. Teams will not be allowed to store their vaulting poles in the residence hall.
Vaulting poles are stored in the north end of the stadium from noon on Thursday through the end of competition on Saturday.

C. **PARKING**

1. Full event parking is \$25 per car, \$50 per bus. Daily parking is \$10 per car and \$20 per bus.
2. Parking permits are required for all WIAA participants and spectator vehicles. Patrons must purchase their permit [online](#) or by downloading the [Passport Parking](#) mobile app prior to arriving on campus.
3. Failure to purchase permit will result in a citation.
 - Create a Guest User Account (select State Track Meet Attendee for classification)
 - Click Get Permits
 - Click Next to continue
 - Select Permit Auto/Van or Bus/RV and day or full meet. Bus/RV parking is defined as any vehicle that takes up more than one space. Certain vans may be too large to park in a standard space.
 - Select Permit Agreement and click Next
 - Add vehicle
 - Select vehicle and click Next
 - Choose location (WIAA Parking Lot)
 - View cart
 - **To purchase multiple permits, click Add Permits**
 - **Repeat steps 3-9**
 - Select payment method
 - Confirm Purchase
 - Checkout
 - Enter credit card or electronic check information and click Next
 - Enter email
 - Submit payment
 - Payment receipt
 - You will receive two email confirmations - one for permit purchase confirmation and one for payment confirmation.

Contact the Parking Services Office (608-785-8061) if you need to make changes or if you have any issues.

D. STADIUM ACCESS AND PACKET PICK-UP

1. **Thursday from 4-7 pm:** Coaches can pick up their team envelopes at Packet-Pick Up in the foyer of the Hetzel Fieldhouse on Pine Street. During this time, teams will also have access to tent city to drop off their team tents and/or their poles; for this purpose only the stadium will remain open until 8pm. Student-athletes competing in the wheelchair division will be able to leave equipment in the fieldhouse during the 4-7 pm time frame.
2. **Packet Up on Competition Days:** Coaches of teams competing in the AM session only (not contestants), may pick up team envelopes between **7:30 am-9:30 am on Friday**; all remaining coaches may pick up their envelopes from **9:30-11:30 am Friday**. Coaches can get their envelopes in the foyer of the new fieldhouse on Pine Street. Late packet-pick up (after 12:30pm on Friday) will be at the Information Table (in the Hall of Honor) at the main entrance of the stadium under the grandstand. Before entering the stadium, coaches can request late packets at the ticket window.
3. If all individuals (coaches, managers, athletes, etc.) are not in attendance when the team envelope is picked up, the envelope with the appropriate materials should be left for those arriving at a different time.
4. **Friday and Saturday AM:** No one except authorized individuals will be allowed into Veterans Memorial Stadium prior to the official opening as printed in the Meet Program.
5. **Friday and Saturday PM:** No one except authorized individuals will be allowed into Veterans Memorial Stadium after the facility has been cleared and closed.

E. MUSIC AMPLIFICATION, ELECTRONIC DEVICES, WIRELESS COMMUNICATION DEVICES

1. Wireless communication devices (headsets, earbuds, radios, etc.) except for the official equipment used by meet management and meet officials are illegal. Cell phones are permitted in non competition and non restricted areas.
2. Earbuds and headphones are prohibited during warm ups outside the general warm up session on the track. Earbuds and headphones should not be worn at field events and exchange zone/block start areas.
3. Music amplification devices (i.e. portable speakers) and radio systems are prohibited. Individuals bringing such equipment will be instructed to return the item(s) to their vehicles. If using these devices in tent city, they should maintain a volume so they are NOT heard by surrounding tents.
4. Electronic devices are legal under the following conditions (NFHS 3-2-8):
 - Not used to transmit information to the student-athlete during race or trial.
 - Not used to question/protest officiating decisions.
 - Operates off a portable power pack. There are no provisions to plug in an electrical outlet to charge batteries.

5. Videographers cannot create meet management or other spectator related problems.

F UMBRELLAS/TENTS/SHELTERS/COOLERS

1. Team tents (or any other self-made shelter designated for our team) may only be set up in Tent City. No Team Areas/Tents will be allowed anywhere else- including inside buildings or on any campus lawns outside of Tent City.
2. Tents can be dropped off at Veterans Memorial Field on Thursday from 4-8pm. Come to the main entrance of the new fieldhouse on Pine Street to access tent city during time. **Please pay attention to the areas designated for teams with student-athletes participating in the wheelchair division events.**
3. Tents must be labeled with school name and contact information.
4. Additionally, tent space is limited to one 10x10 square per school, per gender (teams with both boys and girls teams can take up an adjoining 10x20. Schools needing more space can be set up in the area on the backside of tent city. Schools found to be in violation of taking up more than the allocated space will be assisted by meet personnel to move to another area or downsize.
5. There will be a designated tent area closest to the track and shot put area for teams with student-athletes participating in the wheelchair division events.
4. Beach umbrellas, umbrellas with fold-down sides, or umbrellas driven into the turf is prohibited. Golf umbrellas are not allowed into the spectator grandstands.
5. No coolers will be allowed into the grandstand or competition area.
6. Individuals trying to bring the aforementioned items into the grandstand will be told to return them to their vehicles.

MEET DAY INFORMATION

A. ADMISSION

1. Student-athletes are to use their individual track (bib) number for free admittance through any of the entrance gates. This policy applies to both Friday and Saturday, even if the student-athlete is only competing on one day.
2. Coaches/managers (three) will be allowed free admission by wearing the appropriate non transferable wristbands through any of the entrance gates.
 - Wristbands are good for admission for both Friday and Saturday, and once placed on the wrist cannot be removed until the completion of the meet on Saturday. Individuals who lose, remove, or alter their wristbands will not be allowed free entry and must purchase a new band.

- Additional assistant coaches, managers, etc., will be required to buy a ticket at regular admission prices or \$16 for the non-transferable wristband. These can be purchased at the ticket office. **Names of coaches and affiliated schools will be documented per each band purchased.**
 - Receipts will NOT be provided for schools that buy admission tickets and/or extra wristbands
3. There is no provision for free admission for cheerleaders, noncompeting athletes, additional coaches, athletic directors, bus drivers, or school administrators.

B. AWARD WINNERS

1. Place winners (1 - 6) should report to the awards area in the infield as soon as their event is completed. After receiving their medals, award winners will then be escorted to a media area for interviews south of the stadium.
2. The WIAA has secured a professional photographer ([Visual Image Photography](#)) to take pictures of the student-athletes on the awards stand after they have been draped with their medals. Parents and coaches will be able to purchase pictures for a minimal amount. Forms to order pictures will be distributed at the meet.
3. All award winners must be dressed appropriately in their team uniform.
4. Hats or clothing over the uniform must be removed.

C. MARKING MATERIAL

1. Athletic tape will be the only allowed marking material permitted as a check-mark(s) for the High Jump and relays. Athletic tape or foam markers (provided at the meet) will be the only allowed marking materials permitted at the Pole Vault, Long Jump and Triple Jump.
2. The competitors must immediately remove the tape/marks when their competition is completed.

D. RESULTS

Meet results will not be distributed, but will be posted after each event on boards at the south end of the grandstand. Results will also be posted online on the WIAA website.

E. RESTRICTED AREAS

1. Only appropriate competing student-athletes, event coaches with credentials, and meet personnel are allowed in restricted areas. Student-athletes are prohibited from removing any portion of their team uniform, excluding shoes in

restricted areas as well. Restricted areas include:

- The track infield
 - Clerk of course tent
 - Start and finish areas
 - Flagged/roped off field event competition areas
2. Schools with pole vault qualifiers will be provided one special wristband which will allow access to the coaching box located in the infield. Wristbands will be distributed prior to the start of the event by the head event judge. Individuals who fail to cooperate with event judge instructions will have their privileges revoked. Limit 1 wristband per school even if that school has more than 1 qualifier.
 3. Coaches of student-athletes in the high jump, long and triple jump will have exclusive access to monitored coaching boxes inside the fence but outside of the track. One coach from each school with a qualified student-athlete (in the specific event) will have access to the box. Absolutely no unauthorized personnel permitted. Wristbands will be distributed prior to the start of the event by the head event judge. Individuals who fail to cooperate with event judge instructions will have their privileges revoked. Limit 1 wristband per school even if that school has more than 1 qualifier.
 4. Student-athletes (and one coach) competing in the wheelchair division will be able to access the fieldhouse for equipment staging and storage. **Credentials are required for fieldhouse access.**

G. **SCRATCHES/ERRORS**

Scratches and program errors should be reported immediately to the Information Table (in the Hall of Honor). You will be provided a card to complete to identify your scratch/error.

H. **SPIKES**

1. Flats or pyramid spikes which do not exceed one-fourth (1/4") in length when measured from the sole to the tip of the spike will be allowed.
2. All spikes will be checked at the student-athletes' entrance gate to the track, adjacent to the Clerk of Course tent.
3. No spikes will be sold at the State Meet site.

I. **TIME SCHEDULE**

1. There is no precise meet time schedule. The only established times are for the first field and running events each day.
2. Competition will begin on Friday at 9:30am, (second session at 4:30pm in odd

- number years; 3:00pm on even number years) and on Saturday at 9:30am.
3. Event order can be found in the meet program and on the WIAA website.

J. WARM-UPS

1. Friday, June 5, 2026

7:45-8:15 am Warm up for participants in wheelchair events
8:30 am General warm-up on track for Division 1 competing student-athletes
9:15 am Track cleared
9:20 am Opening ceremony
2:30 pm General warm-up on track for Division 3 & 2 competing student-athletes
2:15 pm Track cleared
3:20 pm Opening ceremony

2. Saturday, June 6, 2026

7:30-8:00 am Warm up for participants in wheelchair events
8:00 am General warm-up on track for all competing student-athletes
9:45 am Track cleared
9:55 am Opening ceremony

OTHER IMPORTANT INFORMATION FOR WARM-UPS

1. Track restrictions
Entire track: Lanes 1 & 2 - general jogging warm-up
Southeast Corner: Lanes 4-7 exchange zone handoffs-
Lanes 300 H lanes 8-10 warmup, all
(See above for warm up periods for athletes in Wheelchair Division)
Northeast Corner: Lanes 4, 5, 6, 7, 8, & 9 - relay hands off
Northwest Corner: Lanes 4-6 - sprint starts
Lanes 7 & 8 - girls' 100 H
Lanes 9 & 10 - boys' 110 H
Southwest Corner: Lanes 4, 5, & 6 - sprint starts
Lanes 7, 8, & 9 - relay hands-off
2. Once competition begins on Friday & Saturday, field event student-athletes will be allowed to warm-up on the adjacent soccer/lacrosse field between jumps/flights, etc.
3. Once the competition begins, the only individuals allowed in the infield are the competing athletes in the pole vault, high jump, long & triple jump, and individuals receiving awards. Only pole vault coaches with appropriate

- credentials will be allowed in the infield coaching box.
4. Student-athletes and coaches must immediately leave the infield area once their event is completed.
 5. Field Events: 30 minutes of general warm-up time will be available between groups (i.e. Div. 2 boys and Div. 3 boys) with the final 15 minutes exclusively for student-athletes in the first flight. Coaches will not be allowed in the Long Jump and Triple Jump competition areas during the final 15 minutes.
 6. Student-athletes in the discus, shot put, long & triple jump will be given 15 minutes of warm-ups between flights and 10 minutes between trials and finals.
 7. Wheelchair warm-ups will be Friday - 7:45-8:15 am and Saturday - 7:30- 8:00 am.

SPECIAL INSTRUCTIONS FOR RUNNING EVENTS

A. ASSEMBLE AREA

1. Track contestants will assemble in the clerk of course tent at the north end of the track behind the starting area for the 100 Meter Dash.
2. Coaches, managers, and spectators are not permitted in this area.

B. JURY OF APPEALS

The jury of appeals will consist of: Melissa Gehring (WIAA, Meet Manager) Mary DeYoung (Lead Throws Referee), Robert Kern (Head Field Referee), Joe Rapacz (Lead Jumps Referee) , one girls coach, one boys coach provided by WISTCA and the WISTCA president. See "Jury of Appeals" process and procedures on page 2 of the Regional & Sectional Tournament Information in the Spring Season Regulations or on the WIAA website.

C. HIP NUMBERS

1. Hip numbers will be issued to each runner in the clerk of course tent. These numbers are by lane assignment or starting position.
2. In relays only the fourth runner will wear the hip number.
3. The clerk of course will assist with the number placement.

D. RELAYS

1. There is NOT a relay card to complete.
2. A school may only use the individuals listed on their original Regional Entry Form, unless there is a WIAA appeal.
3. The competing four runners will be designated when the team checks in with the clerk of course.
4. The WIAA will provide all competition batons. Schools must furnish their own

practice batons.

5. All relay members do not have to report to the clerks tent. When a member of the relay is involved in another event he/she may self-report directly to the appropriate exchange zone. The student-athlete assumes final responsibility for being in compliance with relay uniform rules and knowledge of the correct lane and exchange zone.

E. RERUNNING RACES

The jury of appeals will follow the National Federation guidelines for rerunning a race:

1. A race rerun will be avoided if at all possible.
2. Reruns will be considered only in races or relays with individual legs of 400 meters or less.
3. The disadvantage of the interfered competitor compared to the disadvantage of the original place winners in a rerun will be carefully evaluated.

F. STARTING

1. Runners will be responsible for their own belongings at the start line.
2. UW-La Crosse will provide all standard starting blocks. Runners wanting to use Moyo blocks must bring their own.
3. UW-La Crosse track athletes will be standing on the back of all starting blocks.
4. A curved line (waterfall) start will be used for all 1600 and 3200 meter races.

G. TIMING

1. Two fully automatic timing (FAT) and photo finish systems (Lynx) will be used.
2. To break ties timing to one-thousands of a second will be used.
3. The fully automatic timing operator may recall a race if the FAT system malfunctions.

SPECIAL INSTRUCTIONS FOR FIELD EVENTS

A. IMPLEMENTS

1. Student-athletes must use their own school approved shots and discus. All implements must be checked to make sure they meet National Federation specifications.
2. Implements will be checked in the fieldhouse off Pine Street. The check-in time schedule is:
Friday - 7:30am - 9:30am (All morning session throwers)
1:00 to 3:30pm (All afternoon session throwers)

Saturday - 7:15 am to 10:30 am (All throwers)

3. Check-in Procedure:

- a. Student-athletes will be allowed to check-in a maximum of two per event on their day of competition.
- b. Implements will be marked with tape indicating the name of the student-athlete's school.
- c. All implements will be inspected and impounded. Implements that meet National Federation specifications will be taken to the competition site by State Meet personnel when the appropriate warm-up period starts.
- e. Implements not meeting National Federation specifications will be impounded at the check-in booth until competition is completed.
- f. A student-athlete may only use another competitor's implement with permission from that individual.
- g. When necessary, the WIAA will provide house implements for use by any student-athlete.

B. STARTING HEIGHTS

1. The starting heights of the Pole Vault and High Jump will be indicated on the tentative State Qualifier Lists, which will be available on the WIAA website under Track & Field (Boys or Girls), 2026 State Track & Field Meet, on Saturday, May 30 (pending all sectionals are complete).
2. The heights will be determined by counting down using the performance of the eighth best athlete, then subtracting at least two increments (4" High Jump and 1' Pole Vault).

C. HIGH JUMP

1. Only one check-mark is allowed.
2. During warm-ups, if a student-athlete wants the bar in place it will be set at the opening height.

D. TAKEOFF BOARDS

1. All four pits will be used simultaneously for Long and Triple Jump competition.
2. The take-off boards for Triple Jump will be at 28' & 32'(girls) and 36' & 40' (boys).
3. The take-off boards for Long Jump will be at 10 feet.
4. No other scratch lines will be allowed.

MISCELLANEOUS ITEMS

A. BEVERAGES/FOOD/APPAREL

Food and beverage will be available at the concession stands. Official WIAA State Meet apparel will be sold both on-site and online as well.

B. EXPLORE LA CROSSE - LA CROSSE COUNTY CONVENTION & VISITORS BUREAU

For the convenience of our spectators Explore La Crosse has put together Downtown La Crosse Guides & Map. For more information please check out the Explore La Crosse website or give them a call at (608) 782-2366. Explore La Crosse will also have a booth on-site at the meet for more information.

C. PATRONS WITH HANDICAP

1. Patrons with handicap with a permit or the special license plate will be allowed to park in the lot directly in front of the stadium.
2. Patrons in wheelchairs should enter the main concourse and follow signs to the elevator. An elevator will provide them access to the wheelchair accessible section in the upper stadium.

D. INFORMATION AREA/LOST AND FOUND

1. A General Information area for student-athletes, coaches, media, etc., will be located at the Information Table (in the Hall of Honor).
2. This location will also serve as the "Lost And Found" area.
3. After the meet is completed, all lost and found items turned in will be brought back to the WIAA office in Stevens Point.

E. MEDIA PASSES

High school newspaper/yearbook photographers will not be given media passes or allowed into restricted media areas. Media inquiries should be directed to Mr. Todd Clark, Director of Communications at the WIAA.

F. MEDICAL

1. Physicians and licensed athletic trainers will be available for the duration of the Meet to tend to student-athletes. They will assist with injuries that occur at the State Meet. Athletic trainers will not be available for preventative taping prior to competition.

2. The decision of the designated medical team regarding continuation of an injured student-athlete is final.
3. The UW-L training room is located under the stadium (south end). Coaches needing admittance to the training room should check in with the information Booth under the stadium.
4. Schools can bring their own team trainers for care of their student-athletes. However, team athletic trainers will not be allowed in competition areas or the UW-L athletic training room.

G. REST ROOMS/LOCKER ROOMS

1. Rest rooms are available under the stadium, plus portable restrooms are located in different areas around the facility.
2. Student-athletes must come dressed for competition.
3. There are no facilities available for dressing or showering.

Individuals needing any assistance throughout the meet should report to the Information Area (under the stadium).

Continue to the next page for emergency response information and warm up charts.

Emergency Response Information

The Pre-Emergency Event meeting for the WIAA State Track and Field meeting will be held virtually as part of the State Meet Coaches Meeting. In 2026, this meeting will be held on Wednesday, May 27th at 7pm. The link is provided on the WIAA website (and sent to all head track and field coaches via email).

Rave Alert is used on the UW-La Crosse campus. Rave Alert is a comprehensive emergency notification system designed to swiftly disseminate critical information to individuals or groups during emergencies or important events. Rave Alert enables rapid communication through various channels such as text messages, emails, phone calls, social media, and mobile apps, reaching recipients wherever they are and whatever device they're using. By providing timely alerts about severe weather conditions, security threats, or other urgent situations, Rave Alert empowers individuals to take swift and appropriate actions to protect themselves and others.

To be part of the Rave Alert system please text "WIAATRACK" to 67283.

Coaches can also register for the WIAA State Track Meet SportsYou group. This will be updated with any and all information regarding the meet, including but not limited to, weather related information.

Inclement Weather

When the stadium needs to be cleared due to inclement weather, all participants and spectators must leave the vicinity and report to one of the following three areas:

1. Mitchell Fieldhouse
2. Resident Halls
3. Personal Vehicles

Please follow the directions of the PA announcer and move to the designated areas promptly. People will NOT be allowed to stay in tent city during inclement weather.

Lightning

When thunder is heard or a cloud to ground lightning bolt is seen (or if a lightning app indicates such within 10 miles), competition will be suspended for 30 minutes and all participants, patrons, and workers will need to take shelter immediately. The 30-minute wait period will restart with each subsequent thunder boom, lightning strike or indicator on the app.

Heat

Temperature on the competition field/track will be monitored at all times and follow the WIAA heat protocols when the heat index reaches a sustained 95 degrees. If the heat index reaches a sustained 104 degrees all activity will stop.

Medical Response

Physicians and Licensed Athletic Trainers will be on-site for participating student-athletes (See above under “Medical”); they will be in various spots in the facility and stationed in the training room at the south end of the grandstand and near tent city.

EMTs (on bicycles) will be around the facility to assist with spectator needs. A spectator first aid station is located on the southwest end of the stadium.