



2026 NFHS Football Exam - Part II

NOTE: In the exam situations, based on current NFHS 11-player rules unless otherwise noted. A—refers to the offensive team and B—refers to their opponents the defensive team. K—refers to the kicking team and R—refers to the receiving team. A1, B1, K1 and R1 are players of these teams. If team possession changes during the down, each team retains its identity. In kicking situations, it is not during a try and no fair-catch signal has been given unless specified. Unless stated, acts occur while the ball is inbounds; a forward pass is legal; any out-of-bounds is between the goal lines. Line means scrimmage line. Reference to a foul is to a player foul which is not unsportsmanlike. There is no foul or change of possession, unless it is mentioned, and penalties are considered accepted for enforcement.

1. No player participating in the game will be allowed to wear any type of audio or video device in order to record or transmit audio or video.
 - A. True
 - B. False
2. A state association may not establish guidelines to use a running clock when a point differential is reached.
 - A. True
 - B. False
3. Play cards may not be worn on the belt.
 - A. True
 - B. False
4. A disqualified player can be permitted to remain in the team box area.
 - A. True
 - B. False
5. Following an interception, it is legal for the intercepting team to block below the waist.
 - A. True
 - B. False
6. If A2 pushes, pulls or lifts runner A1 to assist their forward progress, it is a foul which carries a 10-yard penalty.
 - A. True
 - B. False
7. The jurisdiction of the game officials is terminated and the final score has been approved when all game officials leave the visual confines of the playing area.
 - A. True
 - B. False
8. Items that are attached to the tooth and mouth protector that do not serve a purpose and function in protecting the teeth or mouth are not allowed.
 - A. True
 - B. False

- 9 . A penalty is a result imposed by rule against a team or team member that has committed a foul.
A. True
B. False
- 10 . A player is no longer defenseless once the player's physical position and focus of concentration no longer makes the player especially vulnerable to injury.
A. True
B. False
- 11 . No player may use the hand(s) to slap the opponent's head.
A. True
B. False
- 12 . The jerseys of the home team shall all be the same dark color(s) that clearly contrasts with white.
A. True
B. False
- 13 . A forward-pass interference foul can occur only beyond the neutral zone.
A. True
B. False
- 14 . No kick may be legally batted.
A. True
B. False
- 15 . A player cannot fumble before gaining possession.
A. True
B. False
- 16 . A scrimmage formation requires a minimum of five A players legally on their line at the snap.
A. True
B. False
- 17 . An offensive blocker is a player who is blocking or in a position to block by being between the potential tackler and the runner.
A. True
B. False
- 18 . After the ready-for-play, each player of A who participated in the previous down and each substitute for A must have been, momentarily, between the 9-yard marks, before the snap.
A. True
B. False
- 19 . If end A1 voluntarily goes out of bounds and immediately returns during the down, it is illegal participation.
A. True
B. False

- 20 . A pass thrown forward after change of possession during the down is an illegal forward pass.
A. True
B. False
- 21 . If B1 touches the pass after it leaves the passer's hand, all Team A ineligible remain ineligible.
A. True
B. False
- 22 . A backward pass out of bounds is an illegal pass.
A. True
B. False
- 23 . An unsportsmanlike foul by B1 can be paired with an illegal personal contact foul by A1 to create a double foul.
A. True
B. False
- 24 . If a player commits an obviously unfair act that has no specific rules coverage, the referee may enforce any penalty he/she considers equitable.
A. True
B. False
- 25 . A kick does not end when a player gains possession or when the ball becomes dead while not in player possession.
A. True
B. False
- 26 . An official's time-out can be called for unusual circumstances or conditions which may create a health risk to the players.
A. True
B. False
- 27 . When a forward fumble goes out of bounds or is ruled out of bounds between the goal lines, the ball shall be returned to the spot of the fumble.
A. True
B. False
- 28 . When a foul is committed with less than two minutes remaining in either half, the offended team will have the option to start the game clock on the snap.
A. True
B. False
- 29 . If during a touchdown a foul occurs by the opponent of the scoring team, the scoring team must decline the penalty in order to keep the score.
A. True
B. False
- 30 . A forward pass has gone beyond the neutral zone if at any time during the pass, some part of the ball is beyond the neutral zone.
A. True

B. False

- 31 . The term force is used only in connection with the goal line and only from the field of play into the end zone.
A. True
B. False
- 32 . A foul during a try is not paired with a dead-ball foul to create a double or multiple foul.
A. True
B. False
- 33 . WIAA Overtime rules: Any unused time out during the regulation of play may carry over to Overtime.
A. True
B. False
- 34 . If a substitute or replaced player influences the play, it is illegal participation.
A. True
B. False
- 35 . If a pool of water forces the referee to move the ball for K's free kick, the free-kick lines may be less than 10 yards apart.
A. True
B. False
- 36 . The referee shall have the authority to correct obvious errors in timing by the play clock if the discovery is prior to the snap.
A. True
B. False
- 37 . When properly placed, the goal line pylon is inbounds at the intersection of the sideline and the goal line extended.
A. True
B. False
- 38 . A Team B player may grasp or hold an opponent in an effort to clear a path for a teammate to get to the runner.
A. True
B. False
- 39 . Each team shall designate a player as field captain, and the field captain is the only player who may communicate with game officials.
A. True
B. False
- 40 . There is a two-minute intermission between each of the periods and following a try, successful field goal or safety and prior to the succeeding free kick.
A. True
B. False
- 41 . The visiting team is responsible for avoidance of similarity of colors, but if there is doubt, the referee may require players of the home team to change jerseys.

- A. True
 - B. False
- 42 . The referee's decisions are final in all matters pertaining to the game and any situation not specifically covered in the rules.
- A. True
 - B. False
- 43 . The horizontal crossbar and the uprights above it shall be free from any decorative material except paint which is recommended to be either silver, white or yellow in color.
- A. True
 - B. False
- 44 . Batting is the touching of a loose ball by a player in an unsuccessful attempt to secure possession.
- A. True
 - B. False
- 45 . Pass eligibility rules apply to both legal and illegal forward passes.
- A. True
 - B. False
- 46 . Game officials may use supplementary equipment to aid in game administration as authorized by the state association.
- A. True
 - B. False
- 47 . An authorized conference is permitted during the one-minute intermission between periods.
- A. True
 - B. False
- 48 . A foul can cause loss of the ball.
- A. True
 - B. False
- 49 . The referee's decision to forfeit a game is final.
- A. True
 - B. False
- 50 . It is not a touchdown when a loose ball is caught or recovered by a player while the ball is on or behind the opponent's goal line.
- A. True
 - B. False

