



2026 NFHS Soccer Exam Part II

1. A player on Team A is ejected (red card) for receiving a second yellow card of the game. While this player is walking off of the field, a player from Team B approaches the player and claps in Team A player's face and tells the player to get off the field. The official should:
 - A. Ask the player from Team B to stop and send the Team B player back to the player's position.
 - B. Caution the player from Team B for taunting and allow a substitute for that player.
 - C. Eject the player from Team B for taunting and not permit a substitute.
 - D. Do nothing.
2. Team A is in the lead with three minutes left in the game. Both teams have substitutes who have checked in and are ready to enter. The ball goes out of play and Team B is awarded a throw-in. What should the referee do?
 - A. Do not stop the clock and only allow substitutions for Team B.
 - B. Stop the clock and only allow substitutions for Team A.
 - C. Do not stop the clock and allow both teams to substitute.
 - D. Stop the clock and allow both teams to substitute.
3. Player B7 is injured and is required to leave the field. Team B elects to play shorthanded and does not replace B7. Play is restarted. Several minutes later, B7 is unable to return so B7's coach sends substitute B12 to check in and replace B7. When can B12 enter the game?
 - A. B12 can enter the game at any time, including when the ball is in play, after being beckoned by the referee.
 - B. B12 can enter the game at the next dead ball.
 - C. B12 can enter the game at the next legal substitution opportunity for their team.
 - D. B12 cannot replace B7 because the team chose to play shorthanded.
4. Player A has a knee brace that was approved prior to the start of the match. During play the straps become loose. The referee should:
 - A. Stop play immediately and allow the player to fix the knee brace while the player remains on the field.
 - B. Stop play immediately and remove the player from the game to fix the knee brace.
 - C. Allow play to continue until the ball is out of play.
 - D. Stop play and issue a yellow card for improper/unsafe equipment.
5. The following are duties of the head referee or center referee during pregame:
 - A. Address good sportsmanship.
 - B. Conduct a coin toss with the head coaches and team captains of both teams.
 - C. Inquire of each head coach whether the players will be properly and legally equipped at the kickoff.
 - D. All of the above.

- 6 . The opposing team attempts to clear the ball, and Player A2 reads the flight and intercepts the ball. Player A1 has not gotten back onside but is not involved in the play. Player A3 has moved to onside prior to the intercept and receives the ball from A2. A3 takes a shot on goal. The official shall:
- A. Award an indirect free kick to Team B.
 - B. Allow play to continue as A2 and A3 are onside and A1 is not involved in the play.
 - C. Award a direct free kick to Team B.
 - D. Award a penalty kick.
- 7 . Which of these body parts is not a deciding factor in determining if a player is the offside position?
- A. Head
 - B. Body
 - C. Feet
 - D. Arm below the bottom of the armpit.
- 8 . The ball is kicked to the goalkeeper by a teammate. The goalkeeper traps the ball with the feet and dribbles it into the penalty area where the goalkeeper picks up the ball. The referee should:
- A. Allow play to continue because the goalkeeper can pick up the ball in the penalty area.
 - B. Stop play and award an indirect free kick from the spot of the infraction.
 - C. Stop play and caution the goalkeeper and award a penalty kick.
 - D. Stop play and award a penalty kick.
- 9 . The referee awards a penalty kick to Team A as time expires in the second half. A1 takes the kick and the goalkeeper attempts to save the ball but it rebounds and bounces into the goal. The referee:
- A. Awards the goal and restarts with a kickoff.
 - B. Does not allow the goal and the game is over.
 - C. Does not allow the goal, and restart occurs with an indirect free kick from the spot of the foul.
 - D. Awards the goal and signals end of game.
- 10 . Corner kick is awarded to Team A. Before the corner kick is taken, the referee blows the whistle to deal with B2 holding A3. How is the game restarted?
- A. The foul is called and a penalty kick is awarded to Team A.
 - B. Continue with the corner kick for Team A.
 - C. Award a drop ball in the penalty area to the goalkeeper.
 - D. This is an improper procedure and the referee should not intervene.
- 11 . A deliberate play on the ball is when a player:
- A. Chooses to act, regardless of the outcome of that action.
 - B. A reaction or reflex.
 - C. Benefits from the action.
 - D. All of the above.
- 12 . The home team dark color requirements for uniforms are only applicable to:
- A. Jerseys only.
 - B. Jerseys and shorts.
 - C. Jerseys and socks.

- D. Jerseys, shorts, socks and visible undergarments.
- 13 . The official shall signal the timer to stop the clock for:
- A. Penalty kick.
 - B. Caution or ejection.
 - C. Following the scoring of a goal.
 - D. All of the above.
- 14 . When determining if an offense denies an obvious goal-scoring opportunity, the following must be considered and present for a DOGSO offense:
- A. Distance between the offense and the goal, general direction of play, likelihood of keeping or gaining control of the ball, location and number of defenders.
 - B. Distance between the offense and the goal, general direction of play, and likelihood of keeping or gaining control of the ball.
 - C. Distance between the offense and the goal and general direction of play.
 - D. Likelihood of keeping or gaining control of the ball.
- 15 . A second whistle is required to restart play in the following situations:
- A. Taking a penalty kick.
 - B. After a substitution is made.
 - C. After a caution (yellow card).
 - D. All of the above.
- 16 . Player B dribbles the ball into Team A's penalty area. Player A carelessly tackles the ball and fouls Player B. The referee:
- A. Allows play to continue.
 - B. Awards Player A a caution.
 - C. Awards a penalty kick.
 - D. Cautions Player A and awards a penalty kick.
- 17 . The official starts the game with a shirt that matches the field players of one team.
- A. Legal. The official does not need to change shirts.
 - B. Illegal. The official shall change to a different color shirt prior to the start of the game.
- 18 . The referee finds there are no markings on the field for the team bench areas. What action needs to be taken by the referee?
- A. Notify the game supervisor and play the game.
 - B. Notify the athletic director and do not play the game.
 - C. Give the coach a warning but play the game.
 - D. Ask game management to mark the teams areas with cones and notify the state association but play the game.
- 19 . The contest has just begun, and the ball has gone out of bounds for a throw-in. The referee recognizes that a player from Team A is wearing improper shin guards. This is the first illegal equipment call. The referee should:
- A. Give a yellow card to the player; the player may return when proper equipment is worn.
 - B. Remove the player at the next dead ball to correct the equipment issue; the player may return when proper equipment is worn.
 - C. Give a yellow card to the coach. The player leaves the game and can return when proper equipment is worn and verified by an official at the next stoppage of play.

- D. Give a yellow card to the coach. The player leaves the game and can return when proper equipment is worn and verified by an official at their next substitution opportunity.
- 20 . A free kick is awarded to Team A. A4 takes a quick kick and hits B2 in the back as B2 is retreating from the spot of the foul and is only 5 yards away. The correct ruling is:
- A. Continue play.
 - B. Retake the kick.
 - C. Eject B2 and rekick.
 - D. Caution B2 and rekick.
- 21 . The home team is wearing red jerseys with gold numbers and blue socks. The visiting team is wearing solid white jerseys with black numbers as well as solid white socks. Both teams are wearing black shorts. What should the referee do?
- A. Require the home team to wear socks that are a similar color to their jerseys.
 - B. Require the visiting team to change their shorts to white.
 - C. Nothing. The scenario presented complies with Rule 4.
 - D. Play the game but report both team uniforms to the state association as the uniforms do not comply with Rule 4.
- 22 . During play, Team A is awarded an indirect kick. Player A10 shoots directly to the goal, and the goalie for Team B dives to block it and touches the ball slightly with the index finger as the ball enters the goal. What is the correct call?
- A. Award a goal, as the ball was touched by the goalkeeper before entering the net.
 - B. Disallow the goal and award a goal kick to Team B, as the ball did not touch another player significantly.
 - C. Disallow the goal as it did not touch another player from Team A.
 - D. Disallow the goal and award an indirect free kick to Team B from the spot of the original kick.
- 23 . Player B3 violently charges Player A6 inside of Team B's penalty area resulting in an injury to A6. Team A's coach is beckoned to the field. B3 had previously been cautioned for being improperly equipped. Which of the following is correct?
- A. B3 is ejected and may be replaced, a penalty kick is awarded, and A6's substitute may take the penalty kick.
 - B. B3 is ejected and may not be replaced, an indirect free kick is awarded, and anyone on Team A in the field of play may take the indirect free kick.
 - C. B3 is issued a caution and may be replaced, a penalty kick is awarded, and anyone on Team A in the field of play may take the penalty kick except A6's substitute.
 - D. B3 is ejected and may not be replaced, a penalty kick is awarded, and anyone on Team A in the field of play may take the penalty kick except any substitute that has entered the field.
- 24 . Team B is awarded a penalty kick. B4 places the ball on the penalty mark and all players legally set up. B4 runs up to the stationary ball and kicks the ball forward to his left side. Teammate B1 does not encroach before the kick and runs in, takes a shot on the goal and scores. What is the outcome?
- A. Goal, as B4 is not required to shoot on goal.
 - B. Rekick, as B4 did not take a shot on the goal.
 - C. Indirect free kick to Team A, as B4 did not take a shot on the goal.
 - D. Direct free kick to Team B.

- 25 . Player B3 runs to retrieve the ball from the ball holder from the opposing team. As B3 approaches the ball holder, the ball holder throws the ball in the opposite direction of B3. The referee:
- A. Has no jurisdiction over ball holders and cannot do anything about it.
 - B. Stops the clock and has the ball holder replaced.
 - C. Awards a Yellow Card to the coach and reprimands the ball holder.
 - D. Awards an indirect free kick on the touchline for Team B.
- 26 . During a penalty kick for Team A, the referee observes B3 encroaching before the kick is taken from the far side of the penalty box with no impact on play. The ball goes over the goal line and no goal is scored. What is the restart?
- A. Retake the penalty kick.
 - B. Restart with a goal kick.
 - C. Drop ball to the defending goalkeeper inside the goal areas.
 - D. Caution B3 and restart with a goal kick.
- 27 . On a corner kick, the ball strikes the goalpost and rebounds towards the kicker with a high likelihood of crossing the goal line for a goal kick. To prevent the ball from exiting the field, the original kicker traps the ball for a teammate, who then immediately serves the ball into the penalty area. What should the referee do?
- A. Nothing. This is legal.
 - B. Blow the whistle and have the corner kick retaken.
 - C. Blow the whistle and award an indirect free kick to the defending team at the spot the original kicker touched the ball a second time.
 - D. Blow the whistle and award a direct free kick to the defending team at the spot the original kicker touched the ball a second time.
- 28 . Player A throws the ball in by flipping over the ball landing on their two feet (Flip throw). Is this legal?
- A. Yes, as long as the feet are on the ground facing the field when the ball is thrown.
 - B. Player must be standing and facing the field.
 - C. International rules do not allow a throw from the knees.
 - D. If the opposing coach does not object it is permitted.
- 29 . Attacker A6 is illegally tackled in Team B's penalty area. Referee awards a penalty kick to Team A. A6 is injured and the trainer is beckoned onto the field to attend to the injured player. At this time, both teams have subs up and ready at half field and enter at this time. Who can take the penalty kick?
- A. A6 can take the penalty kick.
 - B. Any Team A player on the field at the time of the foul may take the penalty kick other than A6.
 - C. Team A can send its best player onto the field to take the penalty kick from the bench.
 - D. Any player from Team A substituting at that time may take the penalty kick.
- 30 . At halftime, the head coach from Team B confronts the officials who are meeting by the center line to demand an explanation of a foul the coach felt should have been a red card.
- A. This is permitted because the coach is asking for an explanation.
 - B. This is not permitted. The coach was not beckoned by the official and the coach should be cautioned.
 - C. This is permitted as long as the coach brings the site administrator.
 - D. This is permitted if the coach provides refreshments for the officials.
- 31 . The assistant coach for Team B is on the sideline yelling at the officials about an offside call and slams a water bottle to the ground in anger. How should the referee address this?
- A. At the next dead ball, the official should stop the game and caution the head coach for failure to control his technical area.

- B. Stop the game, eject the head coach and restart with a direct free kick.
- C. Do nothing. Assistant coaches cannot be cautioned.
- D. At the next stoppage of play, the official should caution the assistant coach. The head coach may be warned, cautioned or ejected.
- 32 . During an indirect free kick, the referee fails to provide the indirect free kick signal. The ball is kicked and played by a defender before it enters the goal. What is the correct restart?
- A. Kickoff.
- B. Goal kick.
- C. Retake original indirect free kick.
- D. Drop ball to the defending goalkeeper.
- 33 . Goalkeeper from Team A saves a shot from Player B1. The goalkeeper has gained possession of the ball by use of their hands. The goalkeeper then sets the ball on the ground. Player B1 challenges the goalkeeper for the ball. The goalkeeper picks up the ball after B1 touches the ball with their foot. The correct call is:
- A. Play on. This is permitted.
- B. The official should stop the match and issue an indirect free kick from the spot of the incident.
- C. The official should stop the match and issue a red card to the goalkeeper for DOGSO and a penalty kick.
- D. Award a penalty kick.
- 34 . Prior to the arrival of the officiating crew, Team A is videotaping/live streaming their pregame warmups. What should the officiating crew do once they arrive at the venue?
- A. Nothing, videotaping and live streaming are legal activities prior to the game.
- B. Videotaping and live streaming are illegal activities and require the officiating crew to penalize the offending team upon their arrival.
- C. Begin the game with an indirect free kick for Team B.
- D. Caution Team A coach as videotaping pregame is not permitted.
- 35 . Prior to the game, the coach informed the referee crew that A1 is hearing impaired and is wearing a hearing aid.
- A. Wearing technology that allows coach-to-player communication is illegal.
- B. Do nothing, medically prescribed technology is permitted.
- C. At next stoppage of play, have A1 leave the field. Once the device is removed, the player can return.
- D. Stop the game immediately, have A1 leave the field. Once the device is removed, the player can return.
- 36 . Team B's goalkeeper saves a shot on goal and is laying on the ground with possession of the ball. The referee:
- A. Waits prior to starting the 8 second count to give the goalkeeper a few seconds to get their composure.
- B. Once the goalkeeper has possession of the ball, start the 8 second count immediately.
- C. Allow the goalkeeper to lay on the ground and wait for the opponent to clear the penalty area prior to starting your 8 second count.
- D. Only A & C.
- 37 . Player A1 goes to receive a goalkeeper punt. Player B2 from behind yells to distract A1. A1 does not make a play on the ball and allows B2 to control the ball.
- A. This is legal.
- B. The referee should blow the whistle and B2 should be issued a misconduct for unsporting behavior and restart with an indirect free kick.
- C. The referee should blow the whistle and B2 should be issued a misconduct for unsporting behavior and restart with an direct free kick
- D. The referee should blow the whistle and restart with an indirect free kick to Team A.

- 38 . Team A has a goal kick. A1 kicks the ball backward to their goalkeeper standing in the goal. The ball goes directly into the goal. What is the restart?
- A. Corner kick to Team B.
 - B. Retake goal kick.
 - C. Kickoff to Team A.
- 39 . Team A has a goal kick. A1 kicks the ball backward to their goalkeeper standing in the goal. The goalkeeper is not paying attention and tries to kick the ball. The ball glances off the goalkeeper's foot and goes into Team A's goal. What is the restart?
- A. Corner kick for Team B.
 - B. Retake goal kick.
 - C. Kickoff for Team A.
- 40 . Team B has been awarded a penalty kick. B1 approaches the ball and stops his approach at the ball and waits for the goalkeeper to react prior to kicking the ball into the goal. How should the official handle this?
- A. This is legal.
 - B. This is illegal, retake penalty kick.
 - C. This is illegal, indirect free kick to Team A.
 - D. This is illegal, indirect free kick to Team A and B1 is cautioned.
- 41 . Team A prepares for a kickoff. Player A9 starts to run into the opponent's half of the field prior to A1 putting the ball into play.
- A. Retake the kickoff.
 - B. Restart with a kickoff to Team B.
 - C. Caution A9 for delay of game and retake kickoff.
 - D. This is legal.
- 42 . Prior to the kickoff, the officiating crew observes player A6 wearing a jersey with number 51. The number matches the information on the roster.
- A. A6 is allowed to play with this number.
 - B. A6 is not permitted to play with this number and is required to change their jersey.
 - C. Team A coach is cautioned for illegally equipped players.
 - D. A6 and Team A's coach are cautioned and the official must report this situation to the state association.
- 43 . The officiating crew arrives at the game site and observes both teams wearing green shorts. The referee should:
- A. Allow both teams to play with green shorts, this is legal.
 - B. Require the home team to change its shorts to contrast with the visiting team.
 - C. Explain to both coaches that their uniforms are incorrect and submit a report to the state association.
 - D. None of the above.
- 44 . When is the ball in play on a free kick?
- A. When the ball is kicked and moves the circumference of the ball.
 - B. When the ball is kicked and moves 6 inches.
 - C. When the ball is kicked and moves.

- D. Player puts foot on top of ball and moves it forward but then rolls back to its original spot.
- 45 . B4 recklessly tackles A1 from behind. At the time A1 is tackled, the ball is played to A3 who is on a fast break toward Team B's goal. What is the referee to do?
- A. Stop play and restart with a direct free kick from the spot of the foul.
 - B. Whistle for the foul, yellow card B4 for unsporting behavior.
 - C. Call advantage and allow play to continue; no card to B4.
 - D. Call advantage and allow play to continue. At the next stoppage, yellow card B4 for unsporting conduct.
- 46 . At halftime, player A3 makes a derogatory comment to the official. The official immediately ejects A3. Which statement is correct?
- A. Team A will start the second half with 10 players.
 - B. A3 is not permitted to play in the remainder of the game or any overtime.
 - C. Team A starts the second half with 11 players.
 - D. Both B and C are correct.
- 47 . The referee blows the whistle to issue a card for a foul. The referee stops the clock. When does the clock restart?
- A. When the players are in position to restart the game.
 - B. When the referee blows the whistle to resume the game.
 - C. When the referee gives the signal to start the clock.
 - D. When the ball is kicked and moves, after the referee blows the whistle.
- 48 . There is an injury on the field. The referee stops play and summons the athletic trainer onto the field. The referee should:
- A. Leave the vicinity of the injured player once the trainer enters the field.
 - B. Stay in the area to answer any question.
 - C. Help the player to their feet.
 - D. Evaluate the severity of the injury.
- 49 . The referees hear negative commentary from the student section in the stands. The referee shall:
- A. Stop the game.
 - B. Summon the site administrator.
 - C. Suspend or terminate the game if the issue cannot be resolved.
 - D. All of the above.
- 50 . Player B1 lifts their leg to shoulder level to play a ball. A1 stops their approach to the ball in fear of being kicked in the face.
- A. This is not a foul as A1 did not try to play the ball.
 - B. This is a foul. Restart is an indirect free kick.
 - C. This is a foul. Restart is a direct free kick
 - D. This is a foul and misconduct.

