

## 2017-18 WRESTLING INFRACTIONS

(10/3/2017)

### ILLEGAL HOLDS

1. SLAM, SUPLAY, SALTO
2. INTENTIONAL DRILL / FORCEFUL FALL-BACK
3. PULLING BACK (not grasping) THUMB OR 1-3 FINGERS
4. OTHERS INCLUDE:
  - A. DOUBLE UNDERHOOK SNAPBACK FROM A STANDING POSITION
  - B. HAMMERLOCK ABOVE RT. ANGLE
  - C. TWISTING HAMMERLOCK / LIFTING ARM OF BACK WHEN IN HAMMERLOCK
  - D. HEADLOCK WITHOUT ENCIRCLING ARM OR LEG (elbow or above)
  - E. STRAIGHT HEAD SCISSORS (even with arm)
  - F. FULL NELSON
  - G. PRESSURE ON THROAT / CAROTID ARTERY
  - H. TWISTING KNEELOCK
  - I. KEYLOCK
  - J. OVERHEAD DOUBLE ARM BAR
  - K. LOCKING HANDS BEHIND THE BACK IN A DOUBLE ARM BAR FROM THE FRONT
  - L. NECK WRENCH
  - M. FRONT QUARTER NELSON WITH CHIN
  - N. LEG - BLOCK (cut-back)
  - O. OVERSCISSORS WHEN PRESSURE IS AGAINST JOINT WHICH MAY CAUSE HYPEREXTENSION
  - P. BENDING, TWISTING, OR FORCING HEAD OR ANY LIMB BEYOND NORMAL LIMIT OF MOVEMENT
  - Q. BACK BOW
  - Q. ANY HOLD USED FOR PUNISHMENT ONLY
  - R. FIGURE 4 SCISSORS AROUND THE HEAD, THE BODY OR BOTH LEGS .
  - S. CHICKEN WING W / PRESSURE TO SHOULDER OR PARALLEL TO
  - T. HANDS TO THE EYES / RAKING THE EYES
  - U. ANY HOLD / MANUEVER USED FOR PUNISHMENT ONLY
  - V. PRESSURE OVER MOUTH, NOSE, THROAT, NECK THAT RESTRICTS BREATHING
  - W. BACKFLIP FROM THE STANDING POSITION
  - X. REAR STANDING DOUBLE KNEE KICKBACK
  - Y. FRONT FLIP OR FRONT STANDING HURDLE

\*No wrestler must forfeit any position because of injury or danger to life or limb.

\* Whenever possible, an illegal hold should be prevented rather than penalized.

\*Verbally caution wrestlers from turning a potentially dangerous hold into an illegal hold.

### TECHNICAL VIOLATIONS

1. GOING OUT OF THE WRESTLING (FLEEING) OR FORCING OPP. OUT
2. GRASPING OF CLOTHING, MAT, OR HEADGEAR (may be delayed call, will be delayed with imminent T.D.)
3. INTERLOCKING OR OVERLAPPING OF HANDS, FINGERS, OR ARMS (may be delayed call)
4. LEAVING THE WRESTLING AREA WITHOUT PERMISSION
- 5 REPORTING TO MAT NOT PROPERLY EQUIPPED OR READY TO WRESTLE / DETECTED DURING MATCH

## **CONDUCT OF CONTESTANTS**

1. **UNNECESSARY ROUGHNESS** - exceeds normal aggressiveness (ex: crossface, elbows, forearm, forceful slap, poking of eyes)
2. **UNSPORTSMANLIKE CONDUCT**- may be physical or nonphysical, (may occur before/ during/or after match) Includes - pushing, shoving, swearing, intimidation, baiting, taunting, nasal passage clearing, spitting, throwing headgear, indicating displeasure, not complying with end of match procedure, repeatedly dropping to one knee to break locked hands, failure to comply with the direction of the official (dropping shoulder straps is not a USC if done in a sportsmanlike manner)
3. **FLAGRANT MISCONDUCT** - may be physical or non-physical, may occur at any time, continual unnecessary roughness or (any) unsportsmanlike conduct, elbowing, biting (officials opinion), butting, kicking, use of tobacco products. Athlete must be removed from premise if authorized school personnel are present.

## **CONDUCT OF COACHES AND TEAM PERSONNEL** (wrestlers, coaches, managers, trainers)

1. **UNSPORTSMANLIKE CONDUCT** - All are restricted to bench while clock is running and normal out of bounds. The coach may move towards mat during a charged time out or at the end of the match. Any abusive act that interferes with match, disrespect, inciting negative reaction of others, or violating bench decorum rule. (2nd offense will require removal for the remainder of the entire event)
2. **MISCONDUCT** - Conference by any coach regarding misapplication of rule, and referee determines there is no misapplication, or a coach questions referee's judgment. (Head coach is penalized, 3rd offense will require ejection for remainder of day)
3. **FLAGRANT MISCONDUCT** - Any act serious enough to remove offender from premise (removal for entire event), use of tobacco products.