



# Memorandum

**To:** State Association Wrestling Liaisons and NFHS Wrestling Rules Committee

**From:** B. Elliot Hopkins, MLD, CAA, NFHS Director of Sports, Sanctioning and Student Services

**Subject:** Weekly Wrestling Interpretations #2

**Date:** October 29, 2025

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This week's interpretation provides a very detailed and robust illustration package. The illustrations depict different perspectives of One Point of Contact (Neutral Position and Out of Bounds). It is important that as referees, we know every possible scenario so we can score it accurately and reward the aggressive wrestler. The feedback that we are receiving is positive and encouraging. Thank you for your support this season.

We hope that the illustrations are helpful and timely for your wrestling referees to discuss and use as talking points during their officials' chapter/board meetings this season and post-season. We are attaching the illustrations as separate documents for your use and for ease of distribution. These resources are excellent conversation starters for first year and seasoned referees! Have a wonderful start of the wrestling season.

BEH/kjr

enclosure