



Wrestling Minimum Weight Program Skinfold Measurement Training Workshop

Application

All portions of this form must be completed in order to be considered for assignment to a WIAA Skinfold Measurement Training Workshop. The deadline for turning in this form is **June 15**, of the year of the training session. Those selected to participate in a Skinfold Measurement Training Workshop will be notified by early August. Unfortunately, not all applicants will be invited to participate in a Skinfold Measurement Training Workshop, as space is limited to 12 persons per workshop.

Selection to participate in Skinfold Measurement Training Workshop is based on several criteria:

- geographical need for Trained Skinfold Measurers in a specific area of the state.
- qualifications of the applicants.
- high school affiliation of applicant.

Thank you for your interest in this program.

NAME _____

CREDENTIALS (i.e., PT, ATC, MD, etc.) _____

MAILING ADDRESS _____

E-MAIL ADDRESS _____

PHONE (daytime) _____

PLACE OF EMPLOYMENT _____

POSITION _____

HIGH SCHOOL AFFILIATION(S): _____

Have you had formal training in body composition analysis? YES NO

If yes, where? _____

What modalities have you used to assess body composition? (check all that apply)

- | | |
|-------------------------------|--------------------------|
| _____ Skinfold measurements | _____ Girth measurements |
| _____ Bioelectrical impedance | _____ Futrex |
| _____ Hydrostatic weighing | _____ DEXA |

Return this form to: Mel Dow, WIAA, 5516 Vern Holmes Dr., Stevens Point, WI 54482-8833
E-mail to hlaidlaw@wiaawi.org or FAX 715-344-4241