



Wrestling Minimum Weight Program Skinfold Measurement Training Workshop

Application

All portions of this form must be completed in order to be considered for assignment to a WIAA Skinfold Measurement Training Workshop. The deadline for turning in this form is **June 12**, of the year of the training session. Those selected to participate in a Skinfold Measurement Training Workshop will be notified by early August. Unfortunately, not all applicants will be invited to participate in a Skinfold Measurement Training Workshop, as space is limited to 12 persons per workshop.

Selection to participate in Skinfold Measurement Training Workshop is based on several criteria:

- geographical need for Trained Skinfold Measurers in a specific area of the state.
- qualifications of the applicants.
- high school affiliation of applicant.

Thank you for your interest in this program.

NAME _____

CREDENTIALS (i.e., PT, ATC, MD, etc.) _____

MAILING ADDRESS _____

E-MAIL ADDRESS _____

PHONE (daytime) _____

PLACE OF EMPLOYMENT _____

POSITION _____

HIGH SCHOOL AFFILIATION(S): _____

Have you had formal training in body composition analysis?

YES

NO

If yes, where? _____

What modalities have you used to assess body composition? (check all that apply)

_____ Skinfold measurements

_____ Girth measurements

_____ Bioelectrical impedance

_____ Futrex

_____ Hydrostatic weighing

_____ DEXA

E-mail a PDF of this form to etikalsky@wiaawi.org