



## Wrestling Minimum Weight Program Skinfold Measurement Training Workshop

### Application

All portions of this form must be completed in order to be considered for assignment to a WIAA Skinfold Measurement Training Workshop. The deadline for turning in this form is **June 12**, of the year of the training session. Those selected to participate in a Skinfold Measurement Training Workshop will be notified by early August. Unfortunately, not all applicants will be invited to participate in a Skinfold Measurement Training Workshop, as space is limited to 12 persons per workshop.

Selection to participate in Skinfold Measurement Training Workshop is based on several criteria:

- geographical need for Trained Skinfold Measurers in a specific area of the state.
- qualifications of the applicants.
- high school affiliation of applicant.

Thank you for your interest in this program.

NAME \_\_\_\_\_

CREDENTIALS (i.e., PT, ATC, MD, etc.) \_\_\_\_\_

MAILING ADDRESS \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

E-MAIL ADDRESS \_\_\_\_\_

PHONE (daytime) \_\_\_\_\_

PLACE OF EMPLOYMENT \_\_\_\_\_

POSITION \_\_\_\_\_

HIGH SCHOOL AFFILIATION(S): \_\_\_\_\_

Have you had formal training in body composition analysis? YES NO

If yes, where? \_\_\_\_\_

What modalities have you used to assess body composition? (check all that apply)

|  |   |
|--|---|
| <input type="checkbox"/> Skinfold measurements   | <input type="checkbox"/> Girth measurements |
| <input type="checkbox"/> Bioelectrical impedance | <input type="checkbox"/> Futrex             |
| <input type="checkbox"/> Hydrostatic weighing    | <input type="checkbox"/> DEXA               |

E-mail a PDF of this form to [etikalsky@wiaawi.org](mailto:etikalsky@wiaawi.org)