Kicking Off Your Season

Provided by the WIAA, the NWCA, & FloSports





IMPORTANT DATES IN THE WIAA SEASON

First assessment date: October 16, 2023

Last assessment date: February 6, 2024 – must be entered online by Noon

Minimum wrestling weight deadline: March 2, 2024

Growth allowance date: December 25, 2023 – 2 lbs. February 10, 2024 – 1 lb.

State Series Rounds and Dates: Boys – Regionals Feb. 10, 2024 Boys & Girls – Sectionals Feb. 17, 2024 Individual State – Feb. 22-24, 2024 Team Sectionals Feb. 13, 2024 / Team State – Mar. 1-2, 2024

KICKING OFF YOUR SEASON: YOUR ROSTER

-You will be sent your login directly from TrackWrestling. These logins go out once the WIAA gives the team list to TrackWrestling.

-Always start with importing your roster from last season

-Video Link: How to Import Your Roster from last season

-Then add new additions

-Video Link: Adding New Wrestlers to your Roster

WIAA RULE - Rosters must be completed by February 10, 2024

KICKING OFF YOUR SEASON: ASSESSMENTS

Assessor Practice Transactions: <u>How to Video</u>

Approving or Denying Weight Assessments: How to Video

Viewing a wrestler's Alpha Master: <u>How to Video</u>

WIAA RULES ON ADMINISTERING ASSESSMENTS: WIAA Season Regulations

KICKING OFF YOUR SEASON: YOUR SCHEDULE

To Add a Dual Meet: How to Video

To Add an Individual Tournament: How to Video

To Add a Multi-Dual Event: <u>How to Video</u>

-Please note: Once you add a team to an event, it shows up on their schedule to "accept." You can accept events versus adding a second one to avoid duplicate events and results.

WIAA RULE - Schedules must be completed by November 24, 2023 (First allowed competition)

KICKING OFF YOUR SEASON: WEIGH-INS

Creating a Weigh-In Sheet: How to Video

Entering and Committing Weights: <u>How to Video</u>

WIAA RULE on weigh in entry: <u>Coach/AD Minimum Weight Information</u>

KICKING OFF YOUR SEASON: YOUR BENEFITS

-LIVE Dual Meet scoring is FREE on TrackWrestling: <u>How to Video</u>

-All OPC Subscribers are also **NWCA Members!** -Please go to NWCAonline.com, navigate to MEMBERSHIP in the top right and explore our members-only portal. **GOOD LUCK this season!**

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6 Feed	Post a message to the community		
🛇 Tags	Ask a Question Write an Article Create a Poll		
Groups	ANNOUNCEMENTS	~	
印 All Groups			
G General	NWCA Communications National Wrestling Coaches Association Just new - Posted in General		
	WIBN Virtual Career & Internship Fair Fast Approaching Coaches, we are just about a month away from the virtual WIBN Career and Internship Fair. By now, pretty much all schools are back in session and we are hoping you can help us make a big push to get your athletes registered to attend. Your athletes can register for the event using the WIBN website (https://www.wrestlersinbusiness.org/) and following the registration links. (Fed He to create your own account if you want to learn more about what your athletes will experience.)		
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