

WIAA Points of Emphasis

Interpreting a Medical Release Form

Coaches must explain this form to their athletes prior to going to their physician. Inappropriately filled out forms may result in an athlete not being able to compete. Obtain this updated form on the website – do not rely on previous season forms being current.

You will find the form under Health – Forms and Publications, and also on the Wrestling Rules & Regulations page under Health Related & Permissions. The WIAA form is different than the NFHS form – The only valid form is the WIAA form.

What the official should be looking for on the skin form:

1. The first thing an official should look for is if the form is signed or stamped by the approved health care provider. As indicated, it may be signed by a MD, DO, PA, or an APNP. If not signed or stamped, it is not valid.
 2. If the license # and/or the printed provider name is missing, that should not warrant holding the athlete out of participation. Tell the coach to take care of that prior to their next weigh-in.
 3. The next thing to look at is if the condition is contagious or non-contagious.
 4. Now look at the picture and see if the skin lesion(s) on the body of the wrestler match up with what is on the form.
 5. If the skin condition is non-contagious and match with what is on the form, the wrestler should be good to go.
 6. If the condition is contagious and the location matches with what is on the form, check for the earliest date the participant may return. If that date has been reached, the athlete should be good to go.
 7. If the lesions on the wrestler do not match up with the picture, in other words they are in different locations, or there are more than the picture indicates, then the wrestler would be unable to participate.
 8. If the appropriate HCP did not mark the picture (this occasionally happens), then check the line that says “location and number of lesions.” If it matches what you see on the wrestler, they should be good to go. If not, they should be withheld.
 9. If there are no picture markings or location description, they should be withheld.
 10. Sometimes an AHCP will indicate that the condition is contagious but they may wrestle if it is covered. That is not acceptable. Withhold unless the return date has been met.
 11. The form will remain valid throughout the season as long as the description and location remain consistent with what is on the form.
- ** Remember: At **NO** time may a wrestler leave the site of competition to get checked out, then return.