

WEIGH-IN PROCEDURES

Female/Transgender Wrestlers and Female Officials

(11/14/2017)

- ⤴ Transgender athletes will follow the same weigh in procedures as other males. However, if they have secondary breast development they must wear an appropriate top for weighing in and wrestling. To properly inspect the skin, T- shirts should be raised but not to expose the breasts.
- ⤴ At the present time, the female wrestler (except as above) **must** be weighed in prior to the male athletes. This may be waived if the event is a pre-seeded individually bracketed tournament.
- ⤴ Female officials may WI male wrestlers. They should provide advance notice to the schools (upon arrival) in case wrestlers wish to wear something more comfortable.
- ⤴ The host school may provide an **adult female** to monitor the weigh in of the female athlete. However, if they do not, it is the responsibility of the female's school to bring an adult female with them to handle this duty.
 - These arrangements should be worked out in advance with host school.
 - The **ADULT** need not be a licensed official.
 - The adult **does not** need to be a faculty member of either school.
- ⤴ The official(s) that handle the weigh in should meet with the adult female to relay expectations prior to the weigh in.
- ⤴ Female wrestlers must meet skin / nail / hair standards.
- ⤴ The female wrestler must weigh in with suitable undergarments.
- ⤴ The on-mat official or head official can check any questionable skin conditions on the arms, legs, and neck (**during the warm up period in tournaments or during your pre meet talk for dual meets – not at mat side**).
- ⤴ Also, the official should **ALWAYS** check:
 - Nails
 - Appropriate hair cover if needed
 - Appropriate uniform (must wear a suitable undergarment when wearing a singlet)
- ⤴ The opinion of the adult female will have to be acceptable for all other conditions.
- ⤴ Note – The female wrestler must meet the same uniform requirements of a male wrestler. However, female contestants wearing a form-fitted compression shirt or a one piece singlet shall wear a suitable undergarment that covers their breasts. If the official feels it necessary for them to wear a compression shirt (tight t-shirt) under the singlet, they must do so. Both the uniform and the t-shirt must be approved by the meet referee. His decision is final.
- ⤴ **Final note** – Presently, a male official or adult male **should not** weigh in a female wrestler!! The adult female that conducts the weigh in must be of post high school age!