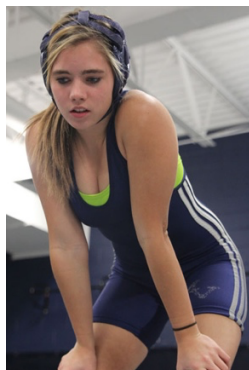


## Female Wrestling Singlets (1/25/23)

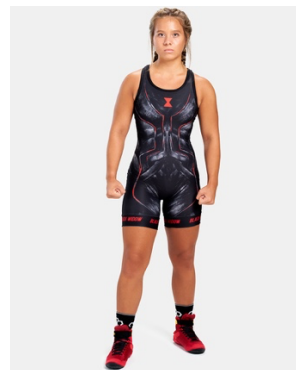
We are extremely proud of the overwhelming participation levels of Girls wrestling in the state of Wisconsin. That fact makes it even more important that we ensure that all of our wrestlers are equipped with a legal uniform. We are well aware that every student athlete's body type is different and like in all sports uniforms will fit differently depending on that body type. We are also aware of budget concerns while considering how to legally equip athletes when rules change/adapt to new circumstances. The intent of this communication is to provide examples of both legal and illegal uniforms for female contestants and provide potential remedies to ensure that all of our student-athletes are equipped legally and that it is being enforced consistently by officials across the state. These rules are in place for the health, safety and well-being of all contestants, coaches and officials.

Rule 4-1-1 note: Female contestants wearing a one piece singlet shall wear a sports bra that **completely** covers their breasts and minimizes the risk of exposure. Compression shirts worn underneath a one-piece singlet are permitted but not required for female contestants unless needed to ensure complete coverage.



### Illegal:

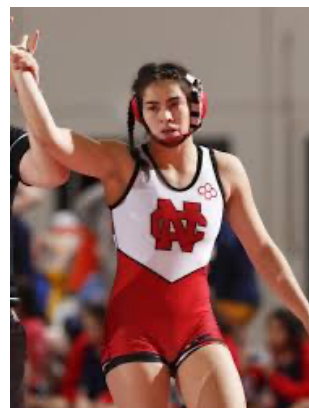
Undergarment does not completely cover the breasts. Wrestler would be required to wear a tight-fitting T-Shirt.



**Legal:** Female cut singlet and undergarment completely covers the contestant's breasts.  
**Note:** Female cut singlet alone does NOT meet the requirement for a legal uniform.



This is an example of an appropriate suitable undergarment that could be worn **with** a male cut singlet.



**Legal:** Female cut singlet and undergarment completely covers the contestant's breasts.



**Legal:** The tight-fitting t-shirt is acceptable to remedy An undergarment that does not completely cover the contestant's breasts.



**Illegal:** Here is an example of the contestant's cut singlet and undergarment not completely covering breast.