

Mid-Season Questions and Answers
(1/8/24)

1. Can a wrestler compete with ear guards that have tape on it?

Answer: No, the earguards need to be free of any tape in order to be legal. The only exception to this is if the tape is holding an extra pad in place due to a medical issue (ex. cauliflower ear). Tape should not be used to hold together worn out headgear.

2. If a wrestler has a shoulder brace on, are they required to wear a tight-fitting t-shirt?

Answer: Yes. Shoulder braces have abrasive straps and many openings, the tight-fitting t-shirt minimizes the risk of injury.

3. Wrestler A performs a straight back suplay on Wrestler B. The referee correctly calls it an illegal hold. As a result of the suplay, Wrestler A injured themselves. Would this be considered injury time or recovery time

Answer: Wrestler A would be charged an Injury time out and have 1 minute and 30 seconds to determine if they can continue. Recovery time does not apply to the wrestler who committed the illegal hold.

4. Wrestler A is winning 14-2 in the third period and in an attempt to secure a takedown, slams Wrestler B to the mat who now needs to be evaluated for a concussion. A penalty was been awarded and Wrestler B is put on recovery time. Two questions; A) How long is the recovery time? B) If Wrestler B cannot continue but does not want to take the win, can they default the match?

Answer: In A, recovery time is 2 minutes, regardless of the type of injury, recovery time is always 2 minutes and does not count as a timeout nor does it affect the injury time of Wrestler B. In B, if Wrestler B does not want to take the win, either the wrestler or the coach can notify the official their intent to default the match, but it MUST happen prior to the recovery time running out.

5. Does a medical forfeit count as a loss on the wrestler's record?

Answer: No, as a reminder the only time a medical forfeit is applied is if the wrestler was injured during that specific event. Any other time a wrestler does not report to the mat for a match when scheduled to, it is considered a forfeit.

6. In the third round of a scramble Team A has two of their own wrestlers scheduled to compete against each other. The coach indicates to the tournament director that they would like to medical forfeit the match to Team A's scoring wrestler. In this situation A) is this permissible? B) Can Team A's wrestler who is wanting to forfeit continue in the tournament?

Answer: In A) if the wrestler was injured in that tournament, then YES, they would be allowed medical forfeit the match. If the wrestler was not injured in that tournament, the answer would be NO. B) Any wrestler who forfeits any match that is not their last of the tournament, may continue with the approval of the on-site health professional, tournament director, and head official. They would also have to take a loss for the match they forfeited. The best way to accomplish this in a tournament is to report to the mat when assigned, check in and default the match. In this case, the wrestler would take the loss, but would be allowed to continue in the tournament.

7. In a multi-day event, Team A has co-head coaches, in the first round Coach 1 earned a coach misconduct for questioning a stalling call by the official. In the third round of day 1, Coach 2 earned a coach misconduct for questioning an out of bounds call. On day 2 in the first round Coach 1 earned a coach misconduct for questioning a stalling once again. A) What is the correct penalty for these infractions? B) What if these were unsportsmanlike conduct penalties?

Answer: For any event where there are co-head coaches, they would need to identify who will be responsible for coach behaviors for the event. A) Coach misconduct goes to the head coach, therefore, when Coach 1 was penalized for coach misconduct, that would be the warning. When coach 2 was penalized in the same day for coach misconduct, that would be the second infraction and a deduction of 1 team point would occur. The coach misconduct on Coach 1 on day 2 would be the warning for that day as Coach misconducts do not carry over in a multi-day event. B) Unsportsmanlike conduct goes on the individual and do carry over in multi-day events. Therefore, each of the penalties on Day 1 would result in a 1 team point deduction. The penalty on Coach 1 on day 2 would result in a 2 team point deduction and a removal from the facility for the remainder of the event.

8. School was cancelled due to a snow storm on Tuesday and we have a match scheduled for Wednesday. We could not give the 48-hour notice, do we still get the 1lb allowance for the match?

Answer: Yes, both teams would get a 1lb allowance and in this situation schools would not need to give a 48-hour notice.