

WIAA Wrestling Experiment

We will track the use of the WIAA head and neck involving cervical column rule during the 2018-19 WIAA wrestling season.

During the regular season, athletic trainers and team physicians will be asked to record the data when the rule is utilized and during the WIAA regional, sectional, and state tournaments.

The following data will be recorded:

Name of person submitting report: _____

Date	Injury time Used (1.5 min)	Head/Neck time used (additional 2.5 min)	Total time used (4 minutes)	Wrestler continue? Yes/No	Wrestler follow up	Notes

SUMMARY

- In the absence of a certified medical personnel (physician and/or licensed athletic trainer), all injuries to the head and neck involving the cervical column and or CNS will be covered in 1.5 minutes
- When a LAT or physician is present, they may extend the allowed time to a maximum of 4 minutes for evaluation, after 4 minutes, the athlete would be required to prepare to wrestle without delay (if unable - they will default)
- A second occurrence (to the same wrestler) of any cervical column and/or CNS injury (any amount of time) will result in a default
- This type of injury will always count as 1 of your 2 allotted time outs
- When this rule is applied, time consumed will in no way affect time used, or available, for other types of injuries
- If caused by an illegal hold then 4 minutes may be requested by medical personal for recovery time, if unable to continue, then the injured contestant wins by default
- If the contestant uses 4 minutes for recovery time and continues, the second time any injury covered under this rule occurs - the injured contestant loses by default
- A LAT or physician may terminate a match at any time due to illness or injury

RETURN THIS FORM TO THE WIAA OFFICE – ATTN: WADE LABECKI – wlabecki@wiaawi.org – FAX 715-344-4241