

**2020-21 NATIONAL FEDERATION  
VOLLEYBALL RULES BOOK  
(For Reference Purposes)**

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**NFHS COVID-19 ADAPTATIONS - VOLLEYBALL**

**NATIONAL FEDERATION 2020 COVID RELATED**

a. NFHS Volleyball Rules Considerations

(1) Prematch Conference (1-2-4a; 1-6-2; 1-6-3; 2-1-10; 5-4-1h, k; 5-6-1; 7-1-1; 7-1-1 PENALTIES 1; 9-1a; 12-2-3)

(a) Limit attendees to one coach from each team, first referee and second referee.

(b) Move the location of the prematch conference to center court with one coach and one referee positioned on each side of the net.

All four individuals maintain a social distance of 3 to 6 feet.

(c) Suspend the use of the coin toss to determine serve/receive. The visiting team will serve first in set 1 and alternate first serve for the remaining non-deciding sets.

(d) Suspend roster submission at the prematch conference. Rosters are submitted directly to the officials' table before the 10-minute mark.

(2) Team Benches (5-4-4b, 9-1-2, 9-1-2 NOTE, 9-3-3b)

(a) Suspend the protocol of teams switching benches between sets. In the event there is a clear and distinct disadvantage, teams may

switch sides, observing all social distancing protocols. Officials will determine if a disadvantage is present.

(b) Limit bench personnel to observe social distancing of 3 to 6 feet.

(3) Officials Table (3-4)

(a) Limit to essential personnel which includes home team scorer, libero tracker and timer with a recommended distance of 3 to 6 feet

between individuals. Visiting team personnel (scorer, statisticians, etc.) are not deemed essential personnel and will need to find an alternative location.

(4) Substitution Procedures (2-1-7, 10-2-1, 10-2-3, 10-2-4)

(a) Maintain social distancing of 3 to 6 feet between the second referee and the player and substitute by encouraging substitutions to occur within the substitution zone closer to the attack line.

(5) Deciding Set Procedures [1-2-4b, 5-4-4c, 5-5-3b(26), 9-2-3c]

(a) Move the location of the deciding set coin toss to center court with team captains and the second referee maintaining the appropriate social distance of 3 to 6 feet. A coin toss, called by the home team, will decide serve/receive.

(b) Suspend the protocol of teams switching benches before a deciding set. In the event there is a clear and distinct disadvantage, teams may switch sides, observing all social distancing protocols. Officials will determine if a disadvantage is present.

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