

STATE TRACK & FIELD EXTRA QUALIFYING STANDARDS

GIRLS	Division 1	Division 1	Division 2	Division 2	Division 3	Division 3
	Qualifying Performance	Number of Qualifiers	Qualifying Performance	Number of Qualifiers	Qualifying Performance	Number of Qualifiers
Pole Vault	11'6"		10'3"		9'6"	
High Jump	5'3"		5'3"	1	5'2"	
Long Jump	17'9.5"	1	16'9"		16'8"	
Triple Jump	36'4"		35'9"		35'1"	
Discus	124'4"		121'9"		119'6"	
Shot Put	41'0.75"		39'4"		36'10.5"	1
100 M Hurdles	15.34		15.80	1	16.42	
300 M Hurdles	45.19		47.17		48.02	
100 M Dash	12.36	1	12.76		12.94	
200 M Dash	25.47		26.34		26.80	
400 M Dash	57.83	1	59.05		1:00.91	
800 M Run	2:17.49		2:20.94	1	2:24.18	
1600 M Run	5:05.89		5:20.74		5:26.13	
3200 M Run	11:15.86		11:44.27		11:49.18	2
400 Relay	49.63		50.46		51.85	
800 Relay	1:43.38		1:47.19		1:51.07	
1600 Relay	3:58.89		4:05.54		4:11.94	
3200 Relay	9:31.73		9:44.23		10:07.23	

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BOYS	Division 1	Division 1	Division 2	Division 2	Division 3	Division 3
	Qualifying Performance	Number of Qualifiers	Qualifying Performance	Number of Qualifiers	Qualifying Performance	Number of Qualifiers

Pole Vault	14'3"		13'0"		12'6"	
High Jump	6'4"		6'2"		6'1"	
Long Jump	22'4"		21'3"		20'11"	
Triple Jump	45'2.5		42'9.25"		42'6.75"	
Discus	167'3"		156'1"	2	142'4"	
Shot Put	55'1.75		50'2.25"		49'1.5"	

110 M Hurdles	14.96		15.15		15.79	
300 M Hurdles	39.41		40.09		41.81	
100 M Dash	11.03		11.11		11.34	
200 M Dash	22.07		22.56		23.06	
400 M Dash	49.64		51.23		51.96	
800 M Run	1:56.32		1:58.14		2:01.86	
1600 M Run	4:23.14	1	4:27.38		4:32.87	1
3200 M Run	9:28.90	1	9:55.43		10:00.05	1

400 Relay	43.05		44.03		45.08	
800 Relay	1:29.27		1:31.02		1:33.47	
1600 Relay	3:22.67		3:25.89		3:31.62	
3200 Relay	8:01.78		8:11.84		8:23.97	