



THURSDAY

9:00 – 10:30 AM
9:00 – 2:00 PM
9:45 AM
10:45 AM
10:55 AM

DIVISION 3

Coaches and Athletes may check in implements (Discus and Shot), which will be used in competition
Coaches may pick up team envelopes
Stadium opens for warm-ups
On-track warm-up time concludes
Opening Ceremonies

Field Events

11:00 AM Boys Pole Vault (Followed by Girls, starting 45 Minutes after Boys PV is complete)
11:00 AM Boys Triple Jump (Followed by Girls, starting 45 Minutes after Boys TJ and Girls LJ are both complete)
11:00 AM Boys Discus (Followed by Girls, starting 45 Minutes after Boys Disc and Girls SP are both complete)
11:00 AM Girls High Jump (Followed by Boys, starting 45 Minutes after Girls HJ is complete)
11:00 AM Girls Long Jump (Followed by Boys, starting 45 Minutes after Girls LJ and Boys TJ are both complete)
11:00 AM Girls Shot (Followed by Boys, starting 45 Minutes after Girls SP and Boys Disc are both complete)

Field Event Warm-Ups: (a) there will be a 45-minute break between rounds. (b) the final 20 minutes of the general warm-ups are exclusively for athletes in the first flight. (c) 15 minutes of warm-ups between flights. (d) 10 minutes of warm-ups between trials and finals.

Running Events

There is no precise time schedule. The first race will begin at 11:00 a.m., and the competition will proceed as indicated in the order of events. The Meet Officials may move the 3200 Meter Run if necessary due to expected weather conditions.

3200 Meter Relay (Girls)
3200 Meter Relay (Boys)
100 Meter Dash (Girls)*
100 Meter Dash (Boys)*
100 Meter Hurdles (Girls)*
110 Meter Hurdles (Boys)*
200 Meter Dash (Girls)
200 Meter Dash (Boys)

Break – 45 minutes

100 Meter Hurdles (Girls)
110 Meter High Hurdles (Boys)
100 Meter Dash (Girls)
100 Meter Dash (Boys)
1600 Meter Run (Girls)
1600 Meter Run (Boys)
800 Meter Relay (Girls) *Timed Final
800 Meter Relay (Boys) *Timed Final
400 Meter Dash (Girls) *Timed Final
400 Meter Dash (Boys) *Timed Final
400 Meter Relay (Girls) *Timed Final
400 Meter Relay (Boys) *Timed Final
300 Meter Low Hurdles (Girls) *Timed Final
300 Meter Intermediate Hurdles (Boys) *Timed Final
800 Meter Run (Girls) *Timed Final
800 Meter Run (Boys) *Timed Final
200 Meter Dash (Girls)
200 Meter Dash (Boys)
3200 Meter Run (Girls)
3200 Meter Run (Boys)
1600 Meter Relay (Girls)
1600 Meter Relay (Boys)

FRIDAY

9:00 – 10:30 AM
9:00 – 2:00 PM
9:00 AM
9:30 AM
10:30 AM
10:35 AM

DIVISION 2 AND WHEELCHAIR (ALL DIVISIONS)

Coaches and Athletes may check in implements (Discus and Shot), which will be used in competition
Coaches may pick up team envelopes
Wheelchair only on track for warm-ups
Stadium opens for warm-ups
On-track warm-up time concludes
Opening Ceremonies

Field Events

10:40 AM Co-Ed Wheelchair Shot Put (All Divisions)
11:00 AM Boys Pole Vault (Followed by Girls, starting 45 Minutes after Boys PV is complete)
11:00 AM Boys Triple Jump (Followed by Girls, starting 45 Minutes after Boys TJ and Girls LJ are both complete)
11:00 AM Boys Discus (Followed by Girls, starting 45 Minutes after Boys Disc and Girls SP are both complete)
11:00 AM Girls High Jump (Followed by Boys, starting 45 Minutes after Girls HJ is complete)
11:00 AM Girls Long Jump (Followed by Boys, starting 45 Minutes after Girls LJ and Boys TJ are both complete)
11:00 AM Girls Shot (Followed by Boys, starting 45 Minutes after Girls SP and Boys Disc are both complete)

Field Event Warm-Ups: (a) there will be a 45-minute break between rounds. (b) the final 20 minutes of the general warm-ups are exclusively for athletes in the first flight. (c) 15 minutes of warm-ups between flights. (d) 10 minutes of warm-ups between trials and finals.

Running Events

There is no precise time schedule. The first race will begin at 11:00 a.m., and the competition will proceed as indicated in the order of events. The Meet Officials may move the 3200 Meter Run if necessary due to expected weather conditions.

1600 Meter Co-ED Wheelchair (All Divisions)

3200 Meter Relay (Girls)

3200 Meter Relay (Boys)

100 Meter Dash (Girls)*

100 Meter Dash (Boys)*

100 Meter Hurdles (Girls)*

110 Meter Hurdles (Boys)*

200 Meter Dash (Girls)

200 Meter Dash (Boys)

Break – 45 minutes

100 Meter Hurdles (Girls)

110 Meter High Hurdles (Boys)

100 Meter Girls Wheelchair (All Divisions)

100 Meter Boys Wheelchair (All Divisions)

100 Meter Dash (Girls)

100 Meter Dash (Boys)

1600 Meter Run (Girls)

1600 Meter Run (Boys)

800 Meter Relay (Girls) *Timed Final

800 Meter Relay (Boys) *Timed Final

400 Meter CoEd Wheelchair (All Divisions)

400 Meter Dash (Girls) *Timed Final

400 Meter Dash (Boys) *Timed Final

400 Meter Relay (Girls) *Timed Final

400 Meter Relay (Boys) *Timed Final

300 Meter Low Hurdles (Girls) *Timed Final

300 Meter Intermediate Hurdles (Boys) *Timed Final

800 Meter Run (Girls) *Timed Final

800 Meter Run (Boys) *Timed Final

800 Meter CoEd Wheelchair (All Divisions)

200 Meter Dash (Girls)

200 Meter Dash (Boys)

3200 Meter Run (Girls)

3200 Meter Run (Boys)

1600 Meter Relay (Girls)

1600 Meter Relay (Boys)

SATURDAY

9:00 – 10:30 AM
9:00 – 2:00 PM
9:45 AM
10:45 AM
10:55 AM

DIVISION 1

Coaches and Athletes may check in implements (Discus and Shot), which will be used in competition
Coaches may pick up team envelopes
Stadium opens for warm-ups
On-track warm-up time concludes
Opening Ceremonies

Field Events

11:00 AM Boys Pole Vault (Followed by Girls, starting 45 Minutes after Boys PV is complete)
11:00 AM Boys Triple Jump (Followed by Girls, starting 45 Minutes after Boys TJ and Girls LJ are both complete)
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11:00 AM Girls High Jump (Followed by Boys, starting 45 Minutes after Girls HJ is complete)
11:00 AM Girls Long Jump (Followed by Boys, starting 45 Minutes after Girls LJ and Boys TJ are both complete)
11:00 AM Girls Shot (Followed by Boys, starting 45 Minutes after Girls SP and Boys Disc are both complete)

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3200 Meter Relay (Boys)

100 Meter Dash (Girls)*

100 Meter Dash (Boys)*

100 Meter Hurdles (Girls)*

110 Meter Hurdles (Boys)*

200 Meter Dash (Girls)

200 Meter Dash (Boys)

Break – 45 minutes

100 Meter Hurdles (Girls)

110 Meter High Hurdles (Boys)

100 Meter Dash (Girls)

100 Meter Dash (Boys)

1600 Meter Run (Girls)

1600 Meter Run (Boys)

800 Meter Relay (Girls) *Timed Final

800 Meter Relay (Boys) *Timed Final

400 Meter Dash (Girls) *Timed Final

400 Meter Dash (Boys) *Timed Final

400 Meter Relay (Girls) *Timed Final

400 Meter Relay (Boys) *Timed Final

300 Meter Low Hurdles (Girls) *Timed Final

300 Meter Intermediate Hurdles (Boys) *Timed Final

800 Meter Run (Girls) *Timed Final

800 Meter Run (Boys) *Timed Final

200 Meter Dash (Girls)

200 Meter Dash (Boys)

3200 Meter Run (Girls)

3200 Meter Run (Boys)

1600 Meter Relay (Girls)

1600 Meter Relay (Boys)