



2020-21 Designated Weeks for Voluntary Dives

Girls Season

Week 1	Aug. 24	Forward
Week 2	Aug. 31	Back Group
Week 3	Sept. 7	Inward Group
Week 4	Sept. 14	Twisting Group
Week 5	Sept. 21	Reverse Group
Week 6	Sept. 28	Forward Group
Week 7	Oct. 5	Back Group
Week 8	Oct. 12	Inward Group
Week 9	Oct. 19	Twisting Group
Week 10	Oct. 26	Reverse Group
Week 11	Nov. 2	Forward Group
Week 12		Back Group

Boys Season

Week 1	Nov. 23	Forward
Week 2	Nov. 30	Back Group
Week 3	Dec. 7	Inward Group
Week 4	Dec. 14	Twisting Group
Week 5	Dec. 21	Reverse Group
Week 6	Dec. 28	Forward Group
Week 7	Jan. 4	Back Group
Week 8	Jan. 11	Inward Group
Week 9	Jan. 18	Twisting Group
Week 10	Jan. 25	Reverse Group
Week 11	Feb. 1	Forward Group
Week 12		Back Group

Girls Alternate Fall Season

Week 1	Feb. 8	Forward
Week 2	Feb. 15	Back Group
Week 3	Feb. 22	Inward Group
Week 4	Mar. 1	Twisting Group
Week 5	Mar. 8	Reverse Group
Week 6	Mar. 15	Forward Group
Week 7	Mar. 22	Back Group
Week 8	Mar. 29	Inward Group
Week 9	Apr. 5	Twisting Group
Week 10		Reverse Group
Week 11		Forward Group
Week 12		Back Group