



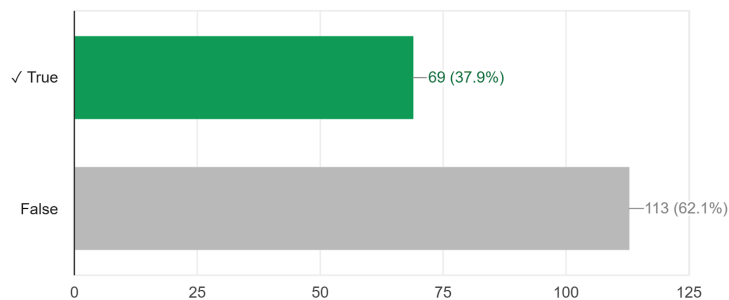
WISCONSIN INTERSCHOLASTIC ATHLETIC ASSOCIATION

“In the Trenches” by Jake Beschta (11-Player) and Chad Schultz (8-Player) Week 2 (Episode 4)

Formation Penalties - Game Interrupters!

NFHS - To have a legal football scrimmage formation, the offense must have at least five players on the line of scrimmage and no more than four players in the backfield. Players must face their opponent's goal line with a head or foot breaking the plane of the snapper's waist to be considered on the line. Offensive players who are not the snapper can have any part of their body in the neutral zone, but only the player who snaps the ball is allowed to be in the neutral zone.

If a team on offense only has 10 players on the field, they need not have seven players on the line.
69 / 182 correct responses



Key Requirements for a Legal Line of Scrimmage:

- Player Count: At least five offensive players must be on the line of scrimmage
- Backfield Limitation: No more than four players can be in the backfield
- Player Position: Lineman must be facing the opponent's goal line.
- Breaking the Plane: To be on the line, a player's head or foot must break the imaginary plane of the snappers waist
- Neutral Zone: Only the snapper (the player who snaps the ball) is allowed to have their body in the neutral zone.

Additional Resources - Kicking Game

The following links provide video examples and explanations from MIBT regarding kicking game fundamentals and complex scrimmage kick plays. (Ads will appear in each video.)

Kicking Fundamentals Every High School Football Official Must Know - [LINK](#)

Insights on Scrimmage Kick Rules and Accountability for Officiating Error - [LINK](#)

High School Football Penalties Made Easy: Scrimmage Kick Casebook Enforcement - [LINK](#)

High School Officials Discuss Handling Complex Scrimmage Kick Scenarios - [LINK](#)

Guardian Caps / Q -Collar

It is permissible to wear the Q-Collar and Guardian Cap during a game. No waiver is required.

We encourage schools to do the following:

- Schools need to contact their helmet manufacturer to ensure that use doesn't void any warranties when connecting (or using the Guardian Cap).
- Collaborate with school medical training staff regarding implementation