

Sub Sectionals – D3
Monday/Tuesday, October 19/20, 2020
Sites (36) TBD

TIME SCHEDULE:

***Variations of this time schedule must be approved by the WIAA.**

1:15 p.m.	Course Opens for Teams 1-6
2:15 p.m.	Girls (Teams 1-6) Race (6 teams - 7 runners per team maximum)
2:35 p.m.	Boys (Teams 1-6) Race (6 teams - 7 runners per team maximum)
3:25 p.m.	All members of Teams 1-6 must have departed the course Teams depart immediately upon completion (and medical treatment.)
3:30 p.m.	Course Opens for Teams 7-12
4:30 p.m.	Girls (Teams 7-12) Race (5-6 teams - 7 runners per team maximum)
4:50 p.m.	Boys (Teams 7-12) Race (5-6 teams - 7 runners per team maximum)
5:40 p.m.	All members of Teams 7-12 must have departed the course Teams depart immediately upon completion (and medical treatment)

RACE TIME SCHEDULE

The information listed above has been reviewed by Sports Medical Advisory doctors and has been selected as the race format for all Sub Sectionals.

- WIAA has determined which teams are designated as 1-6 and 7-12 based on geographical location.
 - No changes will be made to groupings unless teams drop from the Tournament Series and the WIAA needs to re-group. Race groups can be found here: [Click Here](#)
 - The WIAA has placed the Sub Sectional teams into ½ groupings, to minimize the number of athletes on the course, per SMAC recommendations
- No teams (Girls and Boys) will arrive earlier than 1 hour prior to race time, for warm-ups.
- Girls will race first in both segments
- Boys race will start 20 minutes after the start of the girls race.
- Teams should race and leave.
- The first group of teams to race should be departed from the race site prior to the arrival of the second group of teams.
- There are no awards for the Sub Sectional level. Therefore there will be no awards or recognition of athletes at the race site. All final results should be communicated to the coaches as soon as possible, following the second race.

RACE COURSE SET-UP

- Starting line should be set up with a start box for each team.
 - Minimum of 6 feet between teams.
 - Athletes should run in lanes for a minimum of 100 yards
- Finish line should be open and allow runners to immediately exit upon completion of the race.
 - Any personal items that will be removed from the athlete prior to the race, should be left in a designated area near the finish line, if not in the bus/team vehicle.
- No access behind the finish line to any spectators or non-essential personnel.
 - Media should request interviews and should be contained to an area where they can maintain social distance from athletes and other media personnel.
- No congregation or stopping around the finish line – athletes must move away from finish area quickly.
 - A designated “catcher” (must be masked) from each team should be available at the finish line to assist runners who need it, and to direct all athletes from their team to exit the finish area. Catchers are to remain socially distanced from individuals who are not a part of their team.
- Upon completion of the race, athletes should re-mask and maintain social distance from others.

OFFICIALS

- Must be masked upon arrival to the site, and throughout the meet, until they depart.
- Bring personal hand sanitizer. Wash hands frequently.

- Don't share uniforms or equipment.
- Bring own supplies
- Follow social distancing protocols
- Eliminate handshakes, etc.

TEAM PACKET & COVID PAPERWORK

Each team must have a completed the COVID-19 – Coach/Athlete Symptom Checklist Verification Form. The form is to be given in exchange for the Team Packet.

Consider handling collection of COVID paperwork and distribution of team packets (including race numbers) in the parking area, prior to teams unloading their bus.

COVID-19 – Coach/Athlete Symptom Checklist Verification Form: (Scroll to page 2)

<https://www.wiaawi.org/Portals/0/PDF/Health/Covid/WIAA-Fall-Culminating-Event-Req-Verification.pdf>

SPECTATORS

Attendance priority considerations should be given to actual participants and coaches. Each host, when possible, is to provide the opportunity for all members of each team's travel party (as defined in Admission Policies – Tournament Regulations) to receive paid admissions for 4-5 spectators or an overall admission, limited by social distancing requirements (i.e. overall attendance shall not exceed a maximum capacity while still maintaining minimum 6ft. separation spacing for individuals and/or family groups)

Tickets must be equally distributed between participating schools. If a team does not need their full allotment of tickets, they will be made available to the opposing team(s)

Hosting preference will be given to those whose local health and district policy provides the ability to accommodate these parameters. If the host team is unable to meet the spectator parameters at their home facility, they may host at another facility. If no alternate location can be secured by the home team, the WIAA should be notified immediately and the event will be moved to the opposing school's facility (or an alternate location). In the event that neither team can meet the spectator requirement, the event will remain with the original host.

Hosts shall consult with their local health department when determining whether or not they can meet the spectator requirements listed above.

1. Consider No Walk-up ticket sales. Tickets should be pre-purchased.
2. All attendees' names should be kept on a list, for future reference.
3. Timing of Spectators – Spectators should arrive as late as possible and leave the site immediately after the conclusion of the race in which their team competes.
4. Spectators are not allowed to stay for both sessions, unless there is a circumstance where a spectator is on the list of an athlete or coach in each of the sessions.
5. Spectators should have no contact with the athletes while on the competition site.
6. Masks – **All spectators will be masked.** Those without a mask will not be allowed to enter the event. Masks must be worn at all times. Those who do not comply will be asked to leave.
7. Social-distancing should be maintained throughout the course.
8. Keep in mind the Tiers that have been provided to you in the Return to Play Considerations:
 - Tier 1 (Essential): Athletes, coaches, officials, event staff, medical staff, security
 - Tier 2 (Preferred): Media
 - Tier 3 (Non-essential): Spectators, vendors

MASKS

Everyone MUST wear a mask at all times before, during and after the event.

- Runners may take their mask off 2 minutes prior to the start of the race.

- Masks must not be dropped to the ground at the start of the race. Gators may be worn, or masks should be carried by the runner in some manner so that they can put the mask back on at the conclusion of the race.
- Coaches and all event/team personnel should keep masks on at all times.

MEDICAL

The Sports Medical Advisory Committee (SMAC) has recommended the following medical coverage for any large Cross Country event. These are suggestions, and are not mandatory. The information listed here may need to be adapted based on the venue site, the number of participants and spectators, and the weather conditions.

- WIAA, medical team and local health department COVID-19 guidelines are to be followed.
- Medical care facility ideally needs to be near, within close visual contact of the finish line.
- Volunteers (provided from each competing team) are needed to assist athletes at the finish line.
- Recommended for State (may be Sub Sectionals): physician (not required at Sub Sectionals/Sectionals), 4 or more athletic trainers (one to be in course cart), other LATs in medical tent
- Equipment Currently used at State (consult with your local medical staff regarding what is needed at the Sub Sectional/Sectional level)
 - 2 or more lounge chairs that recline
 - 4-6 cots
 - Blankets
 - Pillows
 - Towels
 - Ice/Ice bags
 - Athletic training supplies (crutches, splints, wound care)
 - Stethoscopes
 - Sphygmomanometers
 - Water
 - IV Poles
 - Medical forms
 - Clip boards/pens
 - PPE
- EMS
 - IV fluids
 - IV equipment
 - Nebulizer supplies/medications
 - EPI pens
- Other
 - Patio heaters
 - Motorized carts or UTVs that will allow transport of athletes. One vehicle to roam course (minimum). One vehicle at finish line (ideal)
 - Radio communication – one with roaming cart, one in medical tent/building and one per spotter along course.
 - Notify local hospital/medical facility of event and times.

PARKING

Parking information should be provided to teams and spectators.

	Participants	Spectators
Parking	<ul style="list-style-type: none"> ▪ Establish designated parking for team buses, equipment trucks, and other vehicles. 	<ul style="list-style-type: none"> ▪ Consider digital sales of parking areas that allow for assigned parking that implements social distance spacing.

	<ul style="list-style-type: none"> Consider establishing parking spaces that would minimize participant interaction with non- participants Consider prohibiting spectators in participant parking areas. 	<ul style="list-style-type: none"> Consider digital sales of parking based on lots that are near each seating location. Assuming reduced crowd size for the event, consider parking vehicles every other space to provide visible social distancing
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PEDESTRIAN FLOW

Post signage of access and venue precautions in all routes to and from the venue/facility that patrons would take to move between their vehicles and the venue.

- All team coaches and participating athletes must enter the site as a complete group.

	Participants	Spectators
Pedestrian Flow	<ul style="list-style-type: none"> Post signage of access and venue precautions in all routes to and from the venue/facility (routes that would be taken once the patron exits their vehicle) Consider restricting interaction with non-participants during ingress and egress from the facility Create protocols to limit entrance and exit traffic, and designate specific facility entrances and exits. Establish protocols to ensure staggered pick-up and drop-off for practice and events 	<ul style="list-style-type: none"> Consider implementing a design plan that allows attendees to park in the geographic area of facility gate entry.

MEET ENTRIES

All entries must be completed by October 15, 2020 at 11:59 p.m. Entries will be made online at www.pttiming.com Instructions for completing entries can be found on the WIAA website [[Click Here](#)]

OTHER IMPORTANT EVENT INFORMATION

- Fall Culminating Event Requirements
- PA Announcements
- Pre-contest Screening
- Tournament Accountability
- Substitutions

Click here: <https://www.wiaawi.org/Portals/0/PDF/Health/Covid/WIAA-Fall-Culminating-Event-Req-Verification.pdf>

COACHES’ MEETING

- Work out all details, for this meet, through a virtual meeting and/or a pre-meet document

TEAM CAMPS/TENTS

No team tents will be allowed.