



# EMERGENCY FIRST-AID CHECK LIST

Complete This Form And Carry It With You For All Practices And Games

School \_\_\_\_\_

Coach \_\_\_\_\_

Sport/Venue \_\_\_\_\_

Location of Telephone(s): Nearest practice site \_\_\_\_\_

Phone # at site \_\_\_\_\_

Nearest game site \_\_\_\_\_

Phone # at site \_\_\_\_\_

Location of AED: Nearest practice site \_\_\_\_\_

Nearest game site \_\_\_\_\_

## EMERGENCY TELEPHONE NUMBERS

EMS Vehicle \_\_\_\_\_ Physician \_\_\_\_\_ Hospital/ER \_\_\_\_\_

**HAVE A PLAN** which **TELLS** the people **WHAT TO DO**.

### Call 911 Team

- Find nearest phone & call 911
- Meet the Ambulance
- Call Contacts

### CPR/AED Team

- Start CPR
- When AED arrives
- Turn It On and Follow Voice Prompts

### AED Team

- Get the AED
- Get the Athletic Trainer

When placing call please be prepared to:

1. Give your name, location, and description of emergency.
2. Give detailed directions for EMS including location of the entrance.
3. DO NOT hang up until you are told to do so by person receiving your call.

Be certain:

1. Gates and doors for EMS access are unlocked.
2. Have a cell phone available.
3. Review current locations of AEDs on your school campus or at the venue.
4. You have keys, if needed for access to telephone or locked gates.

When transporting an athlete for emergency care:

1. A responsible adult should accompany an athlete being transported for emergency care.
2. Send emergency treatment information and permission forms.
3. Contact parents.

## EMERGENCY EQUIPMENT

### ITEM

Stretcher \_\_\_\_\_

Ice \_\_\_\_\_

AED \_\_\_\_\_

Other \_\_\_\_\_

### LOCATION

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Training room location: \_\_\_\_\_

Phone: \_\_\_\_\_