

Volleyball



Coaches and/or officials alone or in combination have NO authority to set aside any National Federation or WIAA rules/regulations.

2012-13 MAJOR RULES CHANGES

- 4-2-2 new NOTE Beginning July 1, 2016, either the libero or his/her teammates shall wear a solid-colored uniform top that is clearly in contrast from the predominant color(s) of the teammates' uniform top. The solid-colored uniform top shall meet specific design requirements.
- 5-2-2 The referee's equipment shall include a watch along with a whistle, coin and yellow/red cards.
- 5-3-4d, 5-4-3b(22) The coin toss for a deciding set shall be conducted by the second referee in front of the officials' table.
- 10-3 PEN 1 Illegal alignment is now charged when an illegal substitute is identified in the set after the whistle/signal for serve.
- 11-2-3 new NOTE State associations have the authority to determine the number of electronic media time-outs that may be taken and when they may be taken during the match.

MAJOR EDITORIAL CHANGES

- 4-2-7 Clarifies the application of restrictions on visible undergarments worn with the uniform top (t-shirts, body suits and other similar garments).
- 5-1-3 The state associations may intercede before, during or after the referee's jurisdiction has ended to address unusual incidents.
- 5-4-3b(2) Completes the listing of responsibilities for the second referee when repeating the first referee's signals.
- 9-7 Terminology is updated throughout rules to change "foul" to "fault."
- 9-8-1i Clarifies playing action when ceiling suspended net system uses poles to retract net.
- 5-8-4 Recommends the color and appropriate range of size for line judge flags.

2012-13 EDITORIAL CHANGES

5-1-3, 5-4-3b(16), 7-1-4 Penalty 1, 11-1-2

POINTS OF EMPHASIS

(For a complete discussion of the points of emphasis, see page 48.)

1. Placement of net antennas when vertical tape marker is used
2. Host school responsible for providing and training assistant officials
3. Players to take positions on the court without delay
4. Only one manufacturer's logo per uniform piece
5. Importance of line judges
6. Substitutes and libero entry onto the playing court

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2012 VOLLEYBALL REGULATIONS - SEASON REMINDERS

PRESEASON AND OUT-OF-SEASON

- a. Organizational meetings may be conducted outside the season provided no instruction or practice is included and the meeting(s) has been approved by school administration.
- b. So long as participation is voluntary and available to all interested students, there shall be no restrictions upon schools, school teams and school coaches (grades 9-12) relative to assembling in the summertime, for up to 5 days which do not need to be consecutive for all WIAA sports sponsored by the school. Unrestricted contact days must conclude no later than July 31.
- c. It is the philosophy of this Association that while athletes should not be unreasonably restricted, except during the actual school season of a sport. *NEW* Subsequently, students may voluntarily assemble at any time without school and/or school coach involvement. The one exception shall be in the summertime. Members of a school's team may voluntarily assemble with their teammates and coaches in the summertime for purposes of instruction and/or competition for up to 5 days in all WIAA sports sponsored by the school, without restriction. Note: Whether an opportunity is school sponsored or not, coach contact may not exceed Board of Control approved contact days.
- d. Other than during the actual school season and those days designated as unrestricted coach contact days in the summertime, the following provisions shall apply to nonschool participation in accordance with the above:

1. An acceptable nonschool program or activity is one which is not limited to students on the basis of a school affiliation, athletic experience, team status, etc.
2. The person who will be coaching a student in the following school season shall not be permitted to coach that student other than during the designated school season and Board of Control approved coach contact days in the summertime. Board of Control approved summertime contact is as follows:

- (a) Coaches in all WIAA recognized sports (baseball, cross country, football, golf, gymnastics, softball, swimming & diving, tennis, track & field, volleyball, soccer, basketball, hockey and wrestling) have been afforded up to 5 days of unrestricted summertime coaching contact between the end of school and July 31, in accordance with the Bylaws and as described above. The five days do not need to be consecutive.

Note: There must be a minimum of one calendar week (Sun.-Sat.) of no school and/or coach contact (i.e., the week immediately preceding) the first allowed practice in a fall sport (beginning in 2012).

- (b) Coaching contact beyond the five unrestricted days is permitted to continue throughout the summertime (when school is not in session) in the sports of baseball, cross country, golf, gymnastics, soccer,* softball, swimming & diving, tennis, track & field and wrestling, in accordance with the Bylaws and as described above.

*Unlimited nonschool coach contact for fall soccer must conclude by July 31.

Note: Coaches or others may not mandate participation or provide any incentives to athletes for participating in summertime/out-of-season activities/programs. Participation may not be a requirement for making a school team or earning a letter award, etc.

REST

Teams must rest from all physical activity for at least one calendar day after six consecutive days of practice or competition.

SCRIMMAGES

- a. Two scrimmages with another school or schools may be conducted in addition to the maximum allowed contests, provided all athletes participating meet all WIAA and school eligibility requirements (exceptions: students ineligible due to academic deficiency, code of conduct violations, or those required to miss the next competitive event, due to being ejected from their last competitive event, may participate at the discretion of the school), and:

1. Five different days of practice have elapsed.
2. There is no loss of academic class time.
3. Each high school team, i.e., varsity, JV, sophomore, freshman, is allowed two scrimmages.
4. An individual student may participate in multiple levels of scrimmages conducted on the same day.
5. It may be held any time during the regular season or the WIAA tournament series.
6. There is no score in a book or on a scoreboard.
7. A win/loss does not count in a team's overall record.

- b. Any interschool scrimmage other than the one described in a. counts toward the maximum allowed games.

Note: If either school counts a scrimmage as a game, it must be counted as a game for both programs, schools or teams.

MAXIMUM ALLOWED CONTESTS

- a. The maximum number of contests is 15, and no more than seven of the 15 may be multiple-school contests (involving total of more than two teams).
- b. Conference tournaments must be included in count of regular season maximums.
- c. No contest may continue more than two days. Note: A two day meet counts as one multiple-school contest.
- d. No contest may be scheduled (but a contest may be rescheduled if postponed) after any of the schools involved has begun WIAA tournament series competition.
- e. The WIAA tournament series is not part of the maximum allowed contests.
- f. Except for events held in bordering states (MN, IL, MI, and IA), no approval shall be provided for more than one out-of-state competition, event and/or scrimmage per team each school season.

INDIVIDUAL PARTICIPATION LIMITATIONS

- a. A student may not participate in more than 15 contests and no more than seven of the 15 may be multiple-school contests (involving total of more than two teams).
- b. It is strongly recommended that a student participate at only one level (varsity or nonvarsity) on the same day.
- c. A student who participates at multiple levels on the same day may not play in more than the equivalent of five sets if the varsity match is a three-out-of-five set match.
- d. Participating in only one play constitutes one allowed set.
- e. It is not the responsibility of contest officials to enforce the rule related to maximum participation by students who participate on multiple levels on the same day. Schools must report violations to the WIAA following competition. Violations are considered in the same manner as a school using an ineligible student. The minimum penalty for such violations is forfeiture of match(es) in which the participant exceeded the maximum.
- f. It is strongly recommended that a student who is a varsity starter or leading reserve not play at the nonvarsity level.

FLAGRANT OR UNSPORTSMANLIKE CONDUCT

- a. A student, disqualified from a contest for flagrant or unsportsmanlike conduct, is suspended from interscholastic competition for no less than the next competitive event (but not less than one complete meet).
- b. Athletes who are ineligible during the WIAA Tournament (for any reason) may not appear in uniform, participate in warm-ups and may not participate in the awards ceremony at the WIAA Tournament. Exception: An injured athlete will be allowed to participate in the awards ceremony provided he/she is included in the roster allotment for that game. During the regular season, schools should establish their own policy as to whether athletes are allowed to be in uniform and participate in pregame and postgame activity, if they are ineligible to compete due to flagrant and/or unsportsmanlike conduct, athletic and/or academic code violations, or for any other reason.
- c. Any player who spits on, strikes, slaps, kicks, pushes or intentionally and aggressively physically contacts an official at any time shall be immediately ineligible for competition a minimum of 90 calendar days from the date of the confrontation. In addition, the player is ineligible to compete for the first 25% of the next season in that same sport.

Boys State Tournament Schedule

Friday, November 9 – 5 p.m.

Quarterfinals (Upper Bracket)

#1 Ranked team vs. random draw opponent

#4 Ranked team vs. random draw opponent

Friday, November 9 – 7:45 p.m.

Quarterfinals (Lower Bracket)

#3 Ranked team vs. random draw opponent

#2 Ranked team vs. random draw opponent

Saturday, November 10 – noon

Semifinals

Upper Bracket Winners

Lower Bracket Winners

Saturday, November 10 – 5:30 p.m.

Championship

Followed immediately with awards ceremony

SCHOOL TEAM DISCOUNTED TICKET PACKAGE

1. ***Girls Tournament:*** Thursday - Team Night \$5/Session.
2. Balance of Tournament: \$6/Session
3. ***Boys Tournament:*** All Sessions \$6/Session
Boys Championship Match - \$5

Senior High School and Middle School teams are eligible for pre-ordered tickets. Must have adult supervisor and must order tickets as a team.

TRANSFER RULE REMINDER

If a student has transferred into your school, assume the student is ineligible for athletic competition until your athletic director has received approval from the WIAA.

Girls State Tournament Schedule

Thursday, November 1 – 4:30 p.m.

Division 1 Quarterfinals (Upper Bracket)

Sectional #4 winner vs. Sectional #8 winner

Sectional #1 winner vs. Sectional #7 winner

Thursday, November 1 – 7:30 p.m.

Division 1 Quarterfinals (Lower Bracket)

Sectional #3 winner vs. Sectional #5 winner

Sectional #2 winner vs. Sectional #6 winner

Friday, November 2 – 10 a.m.

Division 4 Semifinals

Sectional #2 winner vs. Sectional #3 winner

Sectional #1 winner vs. Sectional #4 winner

Friday, November 2 – 1 p.m.

Division 3 Semifinals

Sectional #2 winner vs. Sectional #3 winner

Sectional #1 winner vs. Sectional #4 winner

Friday, November 2 – 4 p.m.

Division 2 Semifinals

Sectional #2 winner vs. Sectional #3 winner

Sectional #1 winner vs. Sectional #4 winner

Friday, November 2 – 7 p.m.

Division 1 Semifinals

Upper Bracket Winners

Lower Bracket Winners

Saturday, November 3

10 a.m. - Division 4 Championship

Followed immediately with awards ceremony for Division 4

12:30 p.m. - Division 3 Championship

Followed immediately with awards ceremony for Division 3

3 p.m. - Division 2 Championship

Followed immediately with awards ceremony for Division 2

5:30 p.m. - Division 1 Championship

Followed immediately with awards ceremony for Division 1

SEEDING MEETING

All divisions may conduct their meetings in-person, or use teleconference, email, fax, or distance learning. Coaches are urged to prepare themselves and to participate in an ethical manner.

DATES *Girls* - October 7-10, 2012 *Boys* - October 14-17, 2012

SPORTSMANSHIP LANGUAGE FOR ANNOUNCEMENT & TOURNAMENT PROGRAM

“The WIAA requires good sportsmanship by student-athletes, coaches and spectators at education-based, interscholastic events. We request your cooperation by supporting the participants and officials in a positive manner. Profane, racial, sexist or ethnic comments, or other intimidating actions directed at officials, students-athletes, coaches or team representatives will not be tolerated and are grounds for removal from the site of competition. Please enjoy the game in a positive manner.”

OFFICIAL STATE VOLLEYBALL

The game ball may be either solid white or a maximum of three colors, with at least one-third of the panels solid white. The WIAA State Tournament ball, used in the Sectional and State finals, will be red, white, and blue.

The Molten IV58L-3-HS Super Touch is the Official Girls' State Volleyball for the 2012 season. The Boys' State Volleyball will be the Molten V58L-3-HS Pro Touch. A Molten ball will be provided to all Sectional Final hosts and will also be used at the State Tournament. During the regular season schools may use any NFHS approved ball.

NATIONAL FEDERATION ALLOWED ADAPTATIONS

- MATCH** - A match may consist of a two-out-of-three or a three-out-of-five set match for both varsity and nonvarsity competition. (Rule 1-7-1)
All conference varsity volleyball matches (dual, triangulars, and quadrangulars) will be rally score, three-out-of-five to 25 points, no cap. If a fifth and determining set is played it will be rally score to 15 points, no cap. The exception to this format could be invitational and conference tournaments.
Recommended formats for invitational tournaments could include:
 - Best of five, rally score to 25, fifth set rally score to 15, with or without caps.
 - Best of three, rally score to 25, third set rally score to 15, with or without caps.

Note: The conference (if a conference meet) or the host school (if a nonconference meet) shall determine if exhibition sets in either a two-out-of-three or a three-out-of-five set match will be played even though not necessary to determine the match winner.
Only matches played in a two-out-of-three or three-out-of-five format may be included for seeding purposes and season records.
It is recommended that subvarsity volleyball matches also use rally scoring. Conferences and schools may choose to use traditional side-out scoring if they feel it will enhance skill development. Recommended rally scoring formats could include:
 - Best of five. If a fifth and deciding set is played it will be rally score to 15 points, no cap.
 - Three set match. All games rally score to 25 points.
 - Best of three. All sets rally score to 25 points.
- SETS** - In invitational tournaments and nonvarsity competition, the length and number of sets per match may be modified (Rule 1-7-1 Note). Variations from 1. may not be included in seeding or season records.
- Wisconsin will use the Libero and Libero serving for regular season matches and the WIAA tournament series.
- LINE JUDGES** - Two **are required**, with adults preferred, for all varsity competition. Host school and/or conference will decide on how these individuals will be provided (i.e., host school provides or both schools furnish one) (Rule 5-1-1).
Note: For subvarsity competition if only one WIAA licensed official is used two line judges are required. If two WIAA licensed officials are used line judges are recommended. Sub-varsity line judges do not need to be adults.

STATE ASSOCIATION REGULATIONS

UNIFORM/EQUIPMENT

- A player wearing illegal uniform/equipment shall not be allowed to enter and/or stay in the game until the illegal item is removed or made legal.
- Nonvarsity teams shall be allowed to wear old varsity uniforms which are now unapproved provided participant safety is not jeopardized.
- The use of flags by line judges is optional. Flags will be used at the State Tournaments.

PREMATCH WARM-UPS (for all season play and the WIAA Tournament Series)

- The prematch warm-ups shall consist of 20 minutes. The clock must be stopped and the horn sounded after each of the segments listed below.
 - 6 minutes - both teams on the court doing ball drills, but no net play.
 - 7 minutes - home team on court alone.
 - 7 minutes - visiting team on court alone.
 - National Anthem - teams lined up on the sideline in front of their bench.
 - 1 minute - team huddle in bench area.
 - Starters only report to baseline.
 - Introduction of starters from the baseline.
 - Teams will then follow the defined National Federation prematch protocol.
 - Allowed exceptions include:
 - The introduction procedure can be modified for special circumstances (i.e., parents or senior night, etc.).
 - If two courts are available both can be used for warm-ups. The involved coaches should mutually agree on procedures for court usage. The visiting team must, however, be provided equal usage of the main court.

ADVISORY COMMITTEE

Coaches: Kathy Luther (Athens), Pam Meredith (Colfax), Ben White (Middleton), Sarah Bolz (Milwaukee Lutheran), Jon Ellmann (Oshkosh Lourdes), Travis Hull (Watertown)

Officials: Linda Dahl

FUNDAMENTALS OF COACHING VOLLEYBALL

NFHS has partnered with USA Volleyball and American Volleyball Coaches Associations. Visit www.nfhslearn.com

CONCUSSIONS

See information provided on WIAA website; Health.

- WIAA Concussion Policy
- Wisconsin Concussion Law
- Concussion Law Q & A's
- Concussion Sign & Symptoms
- Concussion Return to Play

HOSTING TOURNAMENT

WIAA Tournament: The highest seeded teams will host through the regional final match unless their venue does not have appropriate facilities or seating.

NEW COURSES AT NFHSLEARN.COM

- Creating a Safe and Respectful Environment
- Strength and Conditioning
- A Guide to Acclimatization and Heat Illness Prevention

PLAYERS ON NONSCHOOL TEAM DURING THE SEASON

It is the philosophy of this Association that a student owes loyalty and allegiance to the school and team of which he/she is a member during the season of a given sport. A student becomes ineligible in a sport for the remainder of the season for competing in nonschool games or contests in the same sport during the season of practice and competition. With Labor Day ahead of us, it is important to remind your athletes that volleyball tournaments held at Labor Day festivals and fall recreational leagues are prohibited by WIAA regulations. Athletes may practice with outside groups but should communicate this with their coach to avoid conflicts.