

WIAA STATE TRACK AND FIELD TOURNAMENT INFORMATION

STATE MEET QUALIFYING INFORMATION

A. WIAA Web Site

1. Qualifiers & qualifying standards for the WIAA State Track & Field Tournament will be available on the WIAA website (<http://www.wiaawi.org>) Friday, May 25, qualifying standards at 12 noon, qualifiers at 1 p.m., heat sheets at 5 p.m.
2. Choose Sports then Track & Field (Boys or Girls), 2018 State Track & Field Meet, and choose the Qualifiers/Lanes. You will be able to view, print, or download the information from the file.
3. State results will also be available at the end of each day of the State Meet by clicking the State Tournament results link.

- B. Corrections - Coaches are requested to **immediately** identify any errors in spelling competitors names, listing of year in school, school name, etc. Corrections must be emailed (shauser@wiaawi.org) to the WIAA by 10 a.m. Monday, May 28, to be included in the program.

PREMEET INFORMATION

Welcome to the 2018 WIAA State Track & Field Championships. Please carefully read the following information/ instructions and share them with your Athletic Director, assistant coaches, athletes, and spectators who will be attending the State Track & Field Meet.

- A. **DATE** - Friday and Saturday, June 1-2, 2018

B. HOUSING

Coaches will assume total responsibility for the behavior and conduct of their athletes. Our Hall Directors and student staff are available as information resources and to assist you in the enforcement of residence hall policies. It is expected that at least one coach per team will be present in the residence halls during the evening and overnight hours. It is expected that all coaches be able to fully function in their coach's role at all times during the meet.

Again for 2018

- We have implemented a software reservation system that will allow us to make housing assignments prior to your arrival on Thursday afternoon. This will significantly reduce the amount of time you spend at the REC. You will still report to the REC for payment processing and distribution of paperwork. This must be done prior to checking into your residence hall.
- All rooms will be assigned based on their reservation date/time. The reservation portal will open from 10 a.m. on Friday, May 25th until 10 a.m. on Tuesday, May 29th. **This link will be sent out at a later date.**
- Because assignments will be made prior to the meet, schools will be charged for all reserved rooms that are not cancelled by 10 a.m. on Tuesday, May 29th. No refunds will be provided for unused rooms.
- Requests for additional rooms after the Tuesday, May 29th 10 a.m. deadline may cause your team's placement to be moved to a different hall. Your block of rooms will be kept together. These additional room requests will be accepted on a space available basis.
 1. Schools are responsible for making their own arrangements for necessary housing.
 2. The Office of Residence Life has on-campus accommodations available for coaches/athletes during the State Track & Field Meet on Thursday-Friday, May 31- June 1. Residence hall rooms will not be available for Saturday evening.
 3. The residence halls have modern facilities and are conveniently located near the UW-La Crosse track and field facilities.
 4. Reservations are accepted via this web site only: <https://reslife.uwlax.edu/WIAA/index.aspx>
 5. **Reserved rooms may be cancelled without charge by contacting the Office of Residence Life by Tuesday, May 29th at 10 a.m. Schools will be charged for all reserved rooms that are not cancelled by the deadline. No refunds will be provided for unused rooms.**
 6. Reservations will not be accepted without a coach and/or a school representative staying in the residence hall with their student athletes.
 7. Schools wanting to reserve a room(s) only for the purpose of having a "Team Room" will be refused. Schools are also not permitted to reserve rooms and then allow schools to use them as a "Team Room." Violators of this policy will lose future residence hall privileges.
 8. Schools must present cash, check, or credit card when checking into the REC. Purchase orders will not be accepted.
 9. Teams staying in the residence halls will not be allowed to store their vaulting poles in the residence hall. Vaulting poles are stored in the north end of the stadium from noon on Thursday through the end of competition on Saturday.

C. MEALS

1. Coaches/athletes may eat their meals in the UW-La Crosse campus Student Union, which is located across the street from the stadium during the State Meet. Meals available include breakfast and lunch on Friday and breakfast on Saturday.
2. For meals, cash or credit cards are acceptable forms of payment. Additional information can be learned by contacting Mary Beth at (608) 785-8888 or Cindi at (608) 785-8891 at University Centers.

D. LOCATION

Veterans Memorial Field is located on the University of Wisconsin - La Crosse campus. The city map of La Crosse indicates the different routes to campus.

D. PARKING

1. Parking Permits:

Parking permits may be [purchased online](#), at Parking and Transportation Services, or at the Recreational Eagle Center. Parking and Transportation Services is located at the parking ramp at the intersection of Farwell and 17th streets on campus. The office is open by 8 a.m., and permits may be purchased in the office prior to checking into the residence halls. Staff will also be available at the Recreational Eagle Center. We encourage you to [purchase your permit online](#) or visit our office to purchase permits and expedite your check-in. Cash, check (payable to UWL, separate from campus housing), and credit cards are accepted. Teams that arrive after 10 p.m. should visit Parking and Transportation Services no later than 9 a.m., Friday, June 1. Vehicles without permits will receive citations.

Full event parking is \$20 per car, \$25 per bus. Daily parking is \$8 per car and \$20 per bus. Day passes will be sold at UWL entrances each morning to anyone staying off campus. Day passes are sold at UWL entrances (cash only).

Purchase of a permit does not guarantee a spot closest to your assigned residence hall. Buses must park on Farwell, 16th, and 17th Streets. Unattended buses parked in UWL lots will receive citations.

Instructions to order an online permit (Cost includes a vendor fee and is the same price as it is on campus.):

1. [Visit this link to order a permit.](#)
2. Select Standard Auto or Bus. Bus parking is defined as any vehicle that takes up more than one space. Certain vans may be too large to park in a standard space.
3. Select All Days or daily parking for June 1 or June 2. Selecting All Days provides parking from Thursday-Sunday and includes overnight parking on campus.
4. Select the number of permits and add them to the cart.
5. Select Continue Checkout under Guest Checkout.
6. Enter the billing information and payment information. It is not necessary to include vehicle information or to create a user account. Required information is indicated by red asterisks.
7. Customers will receive a receipt with individually numbered permits. The permits should be printed out and displayed on the dashboard.
8. Permits are valid for any UWL lot. Police may direct customers to park in certain lots depending on when they arrive to campus each day.

Please contact Parking and Transportation Services at 608.785.8061 or by [email](mailto:parking@uwlax.edu) <parking@uwlax.edu> with questions.

E. STADIUM CLOSED

No one except authorized individuals should be allowed into the UW-La Crosse stadium Thursday evening, Friday-Saturday mornings before the official opening, or Friday-Saturday evenings after the facility has been cleared and closed.

NEW for 2018 In addition to the meet day check-in time, on Thursday from 5 to 7 p.m. teams can pick up their schools' envelopes at the Information Table at the stadium entrance. *This time is for schools' envelopes pick-up only - no wristband sales, etc., at this time.*

F. STEREO TAPE DECKS/RADIOS AND WIRELESS COMMUNICATION DEVICES

1. Wireless communication devices (headsets, radios, etc.) except for the official equipment used by meet management and meet officials are illegal. Cellular phones are permitted in noncompetition and nonrestricted areas.
2. Stereo tape decks and other related radio equipment are prohibited.
3. Individuals bringing such equipment will be instructed to return the item(s) to their vehicles.
4. iPods are allowed.

G. UMBRELLAS/TENTS/SHELTERS/COOLERS

1. Personal size umbrellas are allowed on the infield. Single person golf umbrellas or an umbrella attached to a chair are acceptable.
2. Beach umbrellas, umbrellas with fold-down sides, or umbrellas driven into the turf are prohibited.
3. Tents/self-made shelters will not be allowed inside the track and field facility (stadium and competition areas).
4. Small tents/self made shelters not larger than 8' x 10' will be allowed in the warm-up field, parallel to Reuter Hall.
5. Access to drop-off team tents will be allowed on Thursday from 4:00 - 8:00 p.m. Tent equipment should be left in the selected camp site. **DO NOT ASSEMBLE YOUR TENT.**
6. Please make sure all tents are labeled with school name and contact number.
7. Individuals trying to bring illegal items into the grandstand will be told to return them to their vehicles.
8. No coolers will be allowed into the permanent stands.

H. VIDEOTAPES

Electronic devices are legal under the following conditions (NFHS 3-2-8):

1. Not used to transmit information to athlete during race or trial.
2. Not used to question/protest officiating decisions.
3. Operates off a portable power pack. There are no provisions to plug in an electrical outlet to charge batteries.
4. The filmer does not create meet management or other spectator related problems.

MEET DAY INFORMATION

A. ADMISSION

1. Athletes are to use their individual track number for free admittance through any of the entrance gates. This policy applies to both Friday and Saturday, even if the athlete is only competing on one day.
2. Coaches/managers (**three**) will be allowed free admission by wearing the appropriate nontransferable wristbands through any of the entrance gates.
 - a. The wristband is good for admission for both Friday and Saturday, and once placed on the wrist cannot be removed until the completion of the State Meet on Saturday. Individuals who lose, remove, or alter their wristbands will not be allowed free entry and must purchase a new band.
 - b. Additional assistant coaches, managers, etc., will be required to buy a ticket at regular admission prices (\$8 per session or \$12 for the non-transferable wristband).
 - c. The WIAA will not write receipts for schools that buy admission tickets and/or extra wristbands for assistant coaches/team managers, etc.
3. There is no provision for free admission for cheerleaders, noncompeting athletes, additional coaches, athletic directors, bus drivers, or school administrators.

B. AWARD WINNERS

1. Place winners (1 - 6) should report to the awards area in the infield as soon as their event is completed. After receiving their medals, award winners will then be escorted to a media area for interviews south of the stadium.
2. The WIAA has secured a professional photographer (Visual Image Photography) to take pictures of the athletes on the awards stand after they have been draped with their medals. Parents and coaches will be able to purchase pictures for a minimal amount. Forms to order pictures will be distributed at the meet.
3. All award winners must be **dressed appropriately** in their team uniform.
4. Hats, sloppy shorts, sweatshirts with college names, etc., **must be removed**.

C. MARKING MATERIAL

1. Athletic tape will be the only allowed marking material permitted as a check-mark(s) for the High Jump and relays.
2. The competitors must immediately remove the tape when their competition is completed.

D. RESULTS

Meet results will not be distributed, but will be posted after each event on boards at the south end of the grandstand.

E. RESTRICTED AREAS

Restricted areas where no one except appropriate competing athletes, event coaches with credentials, and meet personnel are allowed and where athletes are prohibited from removing any portion of their team uniform, excluding shoes, are:

1. The track infield.
2. Clerk of course tent.
3. Start and finish areas.
4. Flagged/roped off field event competition areas.

F. SCHOOLS' ENVELOPES

1. **NEW for 2018** In addition to the meet day check-in time, on Thursday from 5 to 7 p.m. teams can pick up their schools' envelopes at the Information Table at the stadium entrance. *This time is for schools' envelopes pick-up only - no wristband sales, etc., at this time.*
2. Coaches of Divisions 2 & 3 only (not contestants), may pick up team envelopes after 7:30 a.m. on Friday. Division 1 coaches may pick up their envelopes at 8:30 a.m. Envelopes will also be available after 8:30 a.m. on Saturday. The envelopes will be at the Information Table - **north end of stadium facing the west parking lot**.
3. If all individuals (coaches, managers, athletes, etc.) are not in attendance when the team envelope is picked up, the envelope with the appropriate materials should be left for those arriving later.
4. No one will be allowed free admission inside the track facility without the proper identification (coaches/managers - wristband; athletes - contestant number).
5. **Schools with pole vault qualifiers will be provided one special wristband which will allow access to the coaching box located in the infield. Wristbands will be distributed prior to the start of the event by the head event judge. Individuals who fail to cooperate with event judge instructions will have their privileges revoked. Limit 1 wristband per school even if that school has more than 1 qualifier.**
6. Coaches of athletes in the high jump, long and triple jump will have exclusive access to monitored coaching boxes inside the fence but outside of the track. One coach from each school with a qualified athlete (in the specific event) will have access to the box. Absolutely no unauthorized personnel permitted. **Wristbands will be distributed prior to the start of the event by the head event judge. Individuals who fail to cooperate with event judge instructions will have their privileges revoked. Limit 1 wristband per school even if that school has more than 1 qualifier.**

G. SCRATCHES/ERRORS

Scratches and program errors should be reported immediately to the Information Table - north end of stadium. You will be provided a card to complete to identify your scratch/error.

H. SPIKES

1. Flats or pyramid spikes which do not exceed one-fourth (1/4") in length when measured from the sole to the tip of the spike will be allowed.
2. All spikes will be checked at the athletes' entrance gate to the track - adjacent to the Clerk of Course tent.
3. No spikes will be sold at the State Meet site.

I. TIME SCHEDULE (see attached, page 7)

1. There is **no** precise meet time schedule. The only established times are for the first field and running events each day.
2. Competition will begin on Friday at 9:30 a.m. (Division 1), 3:00 p.m. (Divisions 2 & 3) and Saturday at 9:30 a.m. The meet will proceed at a normal pace.

J. WARM-UPS

1. Friday
8:30 a.m. General warm-up on track for Division 1 athletes competing Friday
9:15 a.m. Track cleared
9:25 a.m. Opening ceremony
2:00 p.m. General warm-up on track for Divisions 2 & 3 athletes competing Friday
2:45 p.m. Track cleared
2:55 p.m. Opening ceremony
2. Saturday
8:30 a.m. General warm-up on track for all athletes competing Saturday
10:15 a.m. Track cleared
10:25 a.m. Opening ceremony

OTHER IMPORTANT INFORMATION FOR WARM-UPS

1. Track restrictions
Entire track: Lanes 1 & 2 - general jogging warm-up
Southeast Corner: Lanes 4 & 5 - girls' 300 H
Lanes 7 & 8 - boys' 300 H
Lanes 9 & 10 wheelchair warm-up
Northeast Corner: Lanes 4, 5, 6, 7, 8, & 9 - relay hands off
Northwest Corner: Lanes 4 & 5 - sprint starts
Lanes 6 & 7 - girls' 100 H
Lanes 8 & 9 - boys' 110 H
Southwest Corner: Lanes 4, 5, & 6 - sprint starts
Lanes 7, 8, & 9 - relay hands-off
2. Once competition begins on Friday & Saturday, field event athletes will be allowed to warm-up on the infield between jumps/flights, etc.
3. Once the competition begins, the only individuals allowed in the infield are the competing athletes in the pole vault, high jump, long & triple jump, and individuals receiving awards. ***Only pole vault coaches with appropriate credentials will be allowed in the infield coaching box.***
4. Athletes and coaches must immediately leave the infield area once their event is completed.
5. 30 minutes of warm-up time will be available between groups (i.e., Div. 2 boys and Div. 3 boys) with the final 10 minutes exclusively for athletes in the first flight.
6. Athletes in the discus, shot put, long & triple jump will be given 15 minutes of warm-ups between flights and 10 minutes between trials and finals.

SPECIAL INSTRUCTIONS FOR RUNNING EVENTS

A. ASSEMBLE AREA

1. Track contestants will assemble in the clerk of course tent at the north end of the track behind the starting area for the 100 Meter Dash.
2. Coaches, managers, and spectators are not permitted in this area.

B. JURY OF APPEALS

1. The jury of appeals will consist of: Stephanie Hauser (WIAA, Meet Manager) Dan Fregien (Sullivan, Throws Referee), Robert Kern (Milwaukee, Jumps Referee), and one girls coach and one boys coach provided by WISTCA.
2. See "Jury of Appeal" process and procedures on page 2 of the Regional & Sectional Tournament Information.

C. HIP NUMBERS

1. Hip numbers will be issued to each runner in the clerk of course tent. These numbers are by lane assignment or starting position.
2. In relays only the fourth runner will wear the hip number.
3. The clerk of course will assist with the number placement.

D. RELAYS

1. There will be no relay card to fill out.
2. A school may only use the individuals listed on their original Regional Entry Form, unless there is a WIAA appeal.
3. The competing four runners will be designated when the team checks in with the clerk of course.
4. The WIAA will provide all competition batons. Schools must furnish their own practice batons.
5. It is no longer necessary to have all competing members of a relay team report to the clerk's tent. In the event a member of the relay is involved in another event he/she may self-report to the appropriate exchange zone. The athlete now assumes final responsibility for being in compliance with relay uniform rules and knowledge of the correct lane and exchange zone.

E. RERUNNING RACES

The jury of appeals will follow the National Federation guidelines for rerunning a race:

1. A race rerun will be avoided if at all possible.
2. Reruns will be considered only in races or relays with individual legs of 400 meters or less.
3. The disadvantage of the interfered competitor compared to the disadvantage of the original place winners in a rerun will be carefully evaluated.

F. STARTING

1. Baskets will be provided at the starting line for runners' sweats.
2. UW-La Crosse will provide all starting blocks. Runners wanting to use "Moye" blocks must bring their own.
3. UW-La Crosse track athletes will be standing on the back of all starting blocks.
4. A curved line (waterfall) start will be used for all 1600 and 3200 meter races.

G. TIMING

1. Two fully automatic timing and photo finish systems (Lynx) will be used.
2. To break ties timing to one-thousandths of a second will be used.
3. The fully automatic timing operator may recall a race if the FAT system malfunctions.

SPECIAL INSTRUCTIONS FOR FIELD EVENTS

A. IMPLEMENTS

1. Athletes must use their own school shots and discus. All implements must be checked to make sure they meet National Federation specifications.
2. Implements will be checked at the north end of the stadium. **The check-in time schedule is:**
Friday - 7:30 a.m. - 9:30 a.m. (Division 1)
12:30 p.m. - 3:30 p.m. (Divisions 2 & 3)
Saturday - 7:45 a.m. - 11:00 a.m.
3. Check-in Procedure:
 - a. Athletes will be allowed to check-in their implements a maximum of two only on the day of their actual competition.
 - b. Implements will be marked with tape indicating the name of the athlete's school.
 - c. All implements will be impounded and inspected.
 - d. Implements which meet National Federation specifications will be taken to the competition site by State Meet personnel when the appropriate warm-up period starts.
 - e. Implements not meeting National Federation specifications will be impounded at the check-in booth until competition is completed.
 - f. An athlete may only use another competitor's implement with permission from that individual.
 - g. The WIAA will provide house implements for use by any athlete.

B. STARTING HEIGHTS

1. The starting heights of the Pole Vault and High Jump will be indicated on the tentative State Qualifier Lists, which will be available on the WIAA website Track & Field (Boys or Girls), 2018 State Track & Field Meet, and click on the Information tab after 5 p.m. on Friday, May 25. **Do not call** the WIAA requesting this information!
2. The heights will be determined by counting down using the performance of the eighth best athlete, then subtracting at least two increments (4" High Jump and 1' Pole Vault).

C. HIGH JUMP

1. Only one check-mark is allowed.
2. During warm-ups, if an athlete wants the bar in place it will be set at the opening height.

D. TAKEOFF BOARDS

1. All four pits will be used simultaneously for Long and Triple Jump competition.
2. The take-off boards for Triple Jump will be at 28' & 32'(girls) and 36' & 40' (boys).
3. The take-off boards for Long Jump will be at 10 feet.
4. No other scratch lines will be allowed.

MISCELLANEOUS ITEMS

A. BEVERAGES/FOOD/SOUVENIRS

Beverages/food and all types of souvenirs will be available.

B. EXPLORE LA CROSSE - LA CROSSE COUNTY CONVENTION & VISITORS BUREAU

1. For the convenience of our spectators Explore La Crosse has put together [Downtown La Crosse Guides & Map](#) and a [Downtown Visitor Discount Card](#) (print & take to La Crosse for special spectator discounts). For more information please check out the [Explore La Crosse website](#) or give them a call (608) 782-2366. They are excited you're coming and want to make your time in La Crosse very enjoyable.

C. HANDICAPPED PATRONS

1. Any handicapped patrons with a permit or the special license plate will be allowed to park in the handicap spots in the lot directly in front of the stadium.
2. Wheelchair patrons should enter the main concourse and follow signs to the elevator. An elevator will provide them access into the upper stadium.
3. Please provide this information to your spectators.

D. INFORMATION AREA

1. A General Information area for athletes, coaches, media, etc., will be located at the same table where the school envelopes are distributed - north end of stadium.
2. This table will also serve as the **"Lost And Found"** area.
3. After the meet is completed, all items turned in will be brought back to the WIAA office in Stevens Point.

E. MEDIA PASSES

High school paper/yearbook photographers will not be given media passes or allowed into restricted media areas.

F. MEDICAL

1. The WIAA will have a physician, plus UW-La Crosse trainers available. They will assist only with injuries which occur at the State Meet. They will not be available for taping your athletes prior to competition.
2. Their decision regarding continuation of an injured athlete is final.
3. The training room is located under the stadium (south end). Coaches will be admitted to the training room by identifying their need for medical attention to the individuals at the Information Table - north end of stadium.
4. If you have your own team trainer, they may assume the responsibilities of your athletes. Your team trainer, however, will not be allowed into competition areas or the UW-La Crosse training room.

G. REST ROOMS/DRESSING ROOMS

1. Rest rooms are available under the stadium, plus portable rest rooms are located in different areas around the facility.
2. Athletes must come dressed for competition.
3. There are no facilities available for dressing or showering.

Individuals needing any assistance throughout the meet should report to the Information Area. (north end of stadium)



The WIAA Welcomes You To The Boys & Girls

2018 STATE TRACK & FIELD MEET

ORDER OF EVENTS AND TIME SCHEDULE

Friday, June 1

7:30 a.m. - 9:30 a.m. - Division 1 - Coaches and athletes may check in implements (Discus and Shots), which will be used in Friday's competition
7:30 a.m. - Division 1 - Coaches may pick up team envelopes
8:30 a.m. - Stadium open for warm-ups. Divisions 2 and 3 coaches may pick up team envelopes
9:25 a.m. - Opening Ceremonies

Division 1 Schedule FIELD EVENTS

9:30 a.m. - Shot Put - Coed Wheelchair (Shot Put #2)
9:30 a.m. - Discus - Girls (South Discus)
9:30 a.m. - High Jump - Boys (TBD)
9:30 a.m. - Long Jump - Boys (TBD)
9:30 a.m. - Triple Jump - Girls (TBD)
10:00 a.m. - Pole Vault - Girls (Middle)
11:00 a.m. - Shot Put - Boys (Shot Put #1)

Note: Warm-ups - (a) 45 minute break (30 minute break - shot put and discus) between groups, (b) the final 20 minutes (10 minutes - shot put and discus) of the general warm-up are exclusively for athletes in the first flight, (c) 15 minutes of warm-ups between flights, and (d) 10 minutes of warm-ups between trials and finals.

All Running Events Start At 9:30 a.m.

There is no precise time schedule. The competition will proceed as indicated in the order of events.

3200 Meter Relay - Girls
100/110 Meter High Hurdles - Girls/Boys
100 Meter Dash - Girls/Boys
1600 Meter Run - Boys
800 Meter Relay - Girls/Boys
400 Meter Dash - Girls/Boys
400 Meter Relay - Girls/Boys
300 Meter Hurdles - Girls/Boys
800 Meter Run - Boys
200 Meter Dash - Girls/Boys
3200 Meter Run - Girls
1600 Meter Relay - Girls/Boys

Divisions 2 & 3 Schedule

12:30 p.m. - 3:30 p.m. - Divisions 2 and 3 - Coaches and athletes may check in implements (Discus and Shots), which will be used in Friday's competition.
8:30 a.m. - Coaches may pick up team envelopes
2:00 p.m. - Stadium open for warm-ups
2:55 p.m. - Opening Ceremonies

FIELD EVENTS

3:00 p.m. - Discus - Division 3 Boys (South Discus)
Discus - Division 2 Boys begin warm-up immediately after completion of Division 3 Boys (South Discus)
3:00 p.m. - High Jump - Division 2 Girls (West)
High Jump - Division 3 Girls (East)
3:00 p.m. - Long Jump - Division 3 Girls (TBD)
Long Jump - Division 2 Girls begin warm-up immediately after completion of Division 3 Girls (TBD)
3:00 p.m. - Shot Put - Division 2 Girls (Shot Put #1)
Shot Put - Division 3 Girls begin warm-up immediately after completion of Division 2 Girls (Shot Put #1)
3:00 p.m. - Triple Jump - Division 2 Boys (TBD)
Triple Jump - Division 3 Boys begin warm-up immediately after completion of Division 2 Boys (TBD)
3:15 p.m. - Pole Vault - Division 2 Boys (Middle)
Pole Vault - Division 3 Boys (North or South)

Note: Warm-ups - (a) 45 minute break (30 minute break - shot put and discus) between groups, (b) the final 20 minutes (10 minutes - shot put and discus) of the general warm-up are exclusively for athletes in the first flight, (c) 15 minutes of warm-ups between flights, and (d) 10 minutes of warm-ups between trials and finals.

All Running Events Start At 3:00 p.m.

There is no precise time schedule. The competition will proceed as indicated in the order of events.

3200 Meter Relay - Divisions 3/2 Girls
100/110 Meter High Hurdles - Divisions 3/2 Girls/Boys
100 Meter Dash - Divisions 3/2 Girls/Boys
1600 Meter Run - Divisions 3/2 Boys
800 Meter Relay - Divisions 3/2 Girls/Boys
400 Meter Dash - Divisions 3/2 Girls/Boys
400 Meter Relay - Divisions 3/2 Girls/Boys
300 Meter Hurdles - Divisions 3/2 Girls/Boys
800 Meter Run - Divisions 3/2 Boys
200 Meter Dash - Divisions 3/2 Girls/Boys
3200 Meter Run - Divisions 3/2 Girls
1600 Meter Relay - Divisions 3/2 Girls/Boys



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Saturday, June 2

7:45 a.m. - 11 a.m. - Coaches and athletes may check in implements (Discus and Shots), which will be used in Saturday's competition
8:30 a.m. - Coaches may pick up team envelopes
8:30 a.m. - Stadium open for warm-ups
10:25 a.m. - Opening Ceremonies

FIELD EVENTS

9:30 a.m. - Discus - Division 3 Girls (South Discus)
Discus - Division 2 Girls begin warm-up immediately after completion of Division 3 Girls (South Discus)
Discus - Division 1 Boys warm-up after completion of Division 2 Girls (South Discus)
10:30 a.m. - High Jump - Division 2 Boys (East)
High Jump - Division 3 Boys (West)
High Jump - Division 1 Girls begin warm-up immediately after completion of Divisions 2 & 3 Boys
10:30 a.m. - Long Jump - Division 1 Girls (Pit #1)
10:30 a.m. - Long Jump - Division 3 Boys (Pit #4)
Long Jump - Division 2 Boys begin warm-up immediately after completion of Division 3 Boys (Pit #4)
10:30 a.m. - Pole Vault - Division 1 Boys (Middle)
10:30 a.m. - Pole Vault - Division 3 Girls (North or South)
Pole Vault - Division 2 Girls begin warm-up immediately after completion of Division 3 Girls
10:30 a.m. - Shot Put - Division 1 Girls (Shot Put #1)
Shot Put - Division 3 Boys begin warm-up immediately after completion of Division 1 Girls (Shot Put #1)
Shot Put - Division 2 Boys begin warm-up immediately after completion of Division 3 Boys (Shot Put #1)
10:30 a.m. - Triple Jump - Division 1 Boys (Pit #2)
10:30 a.m. - Triple Jump - Division 2 Girls (Pit #3)
Triple Jump - Division 3 Girls begin warm-up immediately after completion of Division 2 Girls (Pit #3)

Note: Warm-ups - (a) 45 minute break (30 minute break - shot put and discus) between groups, (b) the final 20 minutes (10 minutes - shot put and discus) of the general warm-up are exclusively for athletes in the first flight, (c) 15 minutes of warm-ups between flights, and (d) 10 minutes of warm-ups between trials and finals.

All Running Events Start At 10:30 a.m.

There is no precise time schedule. The competition will proceed as indicated in the order of events.

3200 Meter Relay (Boys)
100 Meter High Hurdles (Girls)
110 Meter High Hurdles (Boys)
100 Meter Coed Wheelchair
100 Meter Dash (Girls)
100 Meter Dash (Boys)
1600 Meter Coed Wheelchair
1600 Meter Run (Girls)
800 Meter Relay (Girls)
800 Meter Relay (Boys)
400 Meter Coed Wheelchair
400 Meter Dash (Girls)
400 Meter Dash (Boys)
400 Meter Relay (Girls)
400 Meter Relay (Boys)
300 Meter Low Hurdles (Girls)
300 Meter Intermediate Hurdles (Boys)
800 Meter Coed Wheelchair
800 Meter Run (Girls)
200 Meter Dash (Girls)
200 Meter Dash (Boys)
3200 Meter Run (Boys)
1600 Meter Relay (Girls)
1600 Meter Relay (Boys)

Note: (1) All finals on Saturday are to be in this order - Division 3, Division 2, then Division 1.
(2) If high temperatures and/or high humidity occurs, the WIAA with the advice of the State Meet medical personnel may revise the track schedule to have the 3200 meter run be the last event on both Friday and Saturday.
(3) 1600 meter run for Division 1 will be run in two sections. In Divisions 2 and 3 there will be one section.
(4) 3200 meter run for all divisions will be run in one section (per division).
(5) 3200 meter relay for all divisions will be run in two sections with timed finals.
(6) 800 meter run for all divisions will be run in two sections, regardless of the number of athletes competing, with timed finals.

Results available on
WIAA website
www.wiaawi.org

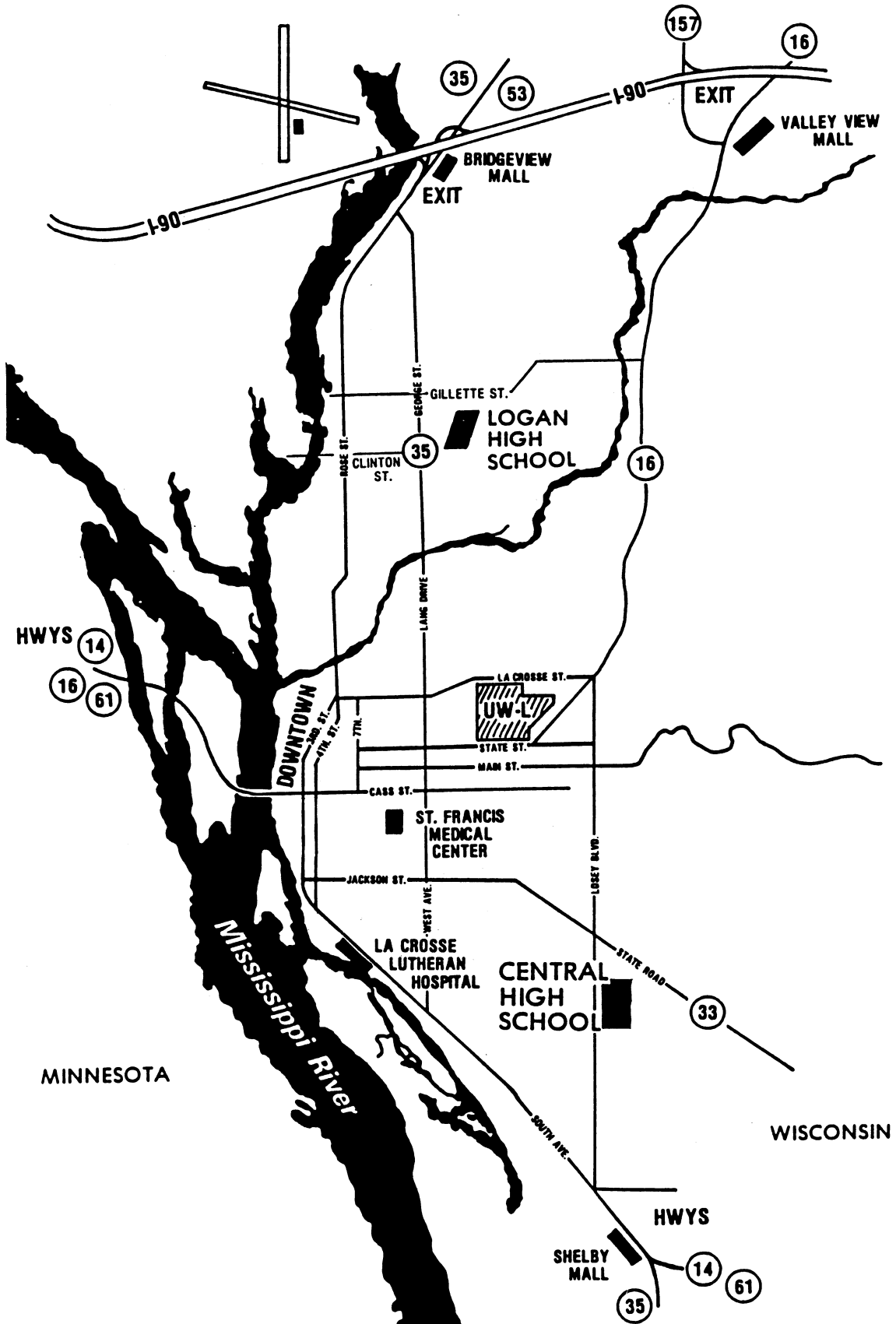


Scan this to view the
WIAA Track & Field website
on your smartphone or tablet.

All photos courtesy of VIP

2019 State Track & Field Meet - UW-La Crosse - May 31-June 1

La Crosse



Coach's Guide

