

## NFHS Swimming Suit Interpretations

There is a Speedo suit that has a clip, I think called poly clip, to tighten the straps on females suits. At this time the clip is considered a fastening system and would not be legal under Rule 3-3-2b(4).

The Speedo FS Pro I that has some dimples or bumps on the chest area that were not permeable -- this was a bit of an older model suit. **If** the bumps are removed, which they can be just picked off, the suit would be legal. The FS Pro I is no longer being made this way.